



# NORCAL GOLDEN RETRIEVER RESCUE

A nonprofit, volunteer organization dedicated to finding new homes for displaced Golden Retrievers in Northern California

VOLUME XXVII, ISSUE NO. 2 ~ FALL 2021



**NORCAL  
GOLDEN RETRIEVER  
RESCUE** 2022

**2022 NGRR Calendars are Here!**  
The perfect holiday gift . . .

Get our beautiful 2022 NGRR calendar and help support our mission to provide comprehensive veterinary care to the Golden Retrievers in our care! Featuring our wonderful rescued Golden Retrievers!

\$15 per calendar (including tax and shipping).

[www.ngrr.org](http://www.ngrr.org)

## Calling All Volunteers!

Would you like to get involved with NORCAL Golden Retriever Rescue? We are always looking for volunteers. Perhaps this newsletter will inspire you to help out. If so, please contact us at [info@ngrr.org](mailto:info@ngrr.org)



## OSO - Therapy Champion

*By Susan and Norm Graham*

K-9 Wellness Therapy Team

We had submitted adoption applications to NGRR as well as other rescue organizations. We were sure we wanted to adopt a Golden Retriever this time around. We had previously lived with aussies and collies but had met friends' and neighbors' Golden Retrievers and fell in love with their friendly and sweet personalities.

Next thing we knew, our NGRR area coordinator, Linda, called with the news about Oso who was with a foster family. Oso was surrendered by his owner in 2019 when he was two years old because he needed an expensive

*(Continued on page 2)*

# OSO - Therapy Champion

(Continued from front page)

surgery and extensive rehabilitation for a dislocated hip. NGRR stepped in to rescue him, paid for his surgery at UC Davis, and then placed him in a loving foster home with Kathleen and her family for 3.5 months of recuperation.

Linda asked if we wanted to travel to Los Gatos from our home in Reno to do a “meet and greet”. We jumped at the chance, and in April, we went to meet Oso thinking this would be a first visit since we heard he was reserved with men and still recuperating. Well, Oso took to Norm immediately, and when it was time to leave, Oso decided he was coming with us and jumped in the backseat of our car! We knew he had chosen us and we were immediately in love with this kind-hearted boy.

Oso still goes to weekly physical therapy sessions and loves his hydrotherapy pool time. Since he has a leg that is 1.8 inches



shorter than his other legs, “K-9 Wellness” has adjusted his “Neopaws Hightop Boots” so he can walk and run with comfort. We also found a local cobbler who will be

adding a lift to his one boot to even out his stride.

Oso has settled right into our family and goes everywhere with us. He loves his trips to Home Depot and knows which employees have treats for him. He has traveled to the VA Vet Center to meet Norm’s friends but sticks close to his proud papa’s side after he greets everyone individually. He loves his hikes and trips to Donner Lake and rivers. He has traveled to Santa Barbara and loves car rides of any length. At home, he has play dates with his dog pals, his crate has migrated into our bedroom where he sleeps every night, and now he even has his own kiddie pool in the backyard to cool down on hot days.

We feel lucky Oso chose us as his family. He is the best dog anyone could ever hope to adopt. Thank you Linda and NGRR for bringing us together. 🐾

## Kensi - A Gift from Heaven

By Lynne Podesta

I had been looking to adopt a 1-2 year old Golden for a while. I had two dogs, Tali, my 4 year old English cream Golden and my 13 year old Chocolate Lab, Hershey. Tali needed a fur baby to grow up with, hang out with, and go on adventures with. Hershey was enjoying her senior years and not wanting to play much anymore.

The past year has been a difficult one for me and my family, and I know it’s been very difficult for everyone. However, it had nothing to do with COVID; my mom fought a terrible disease, MSA, for 13 years. She was my hero and my best friend, and she passed away on January 26th of this year.

I contacted Georgine Nordin at NGRR and we chatted for quite a while, I filled out an application, and she mentioned that she would be in my area soon and asked if she could drop by and do a home assessment so that we would be ready to go once we found the right dog for us.

Well, she had a dog in mind. I met her at the foster with Tali to see if we would be a match. Unfortunately, it didn’t work out and the search went on.

Then, on Friday April 9th, I received a phone call from Georgine. She told me that she might have a puppy for me. I was shocked. She had talked to the area coordinator in San Francisco and said she might be calling me sometime during the weekend. Well, Saturday morning at 8:00, I got the phone call and we talked for a bit and she basically knew everything about me through Georgine and told me she would be talking with the foster family to set up a meeting with



“Pancake” - the name the people who purchased her gave her. They only kept her for 11 days and realized having an 8 week old Golden Retriever puppy in an apartment in San Francisco wasn’t the best idea. So, thank goodness they surrendered her to NGRR.

And the timing could not have been better. On Sunday the 11th of April, I was lucky enough to adopt “Pancake” and bring her to her new home.

I believe my mom was watching over me, because of the timing and how it happened, and so her name was changed that day to “Kensi”, Mom’s gift from heaven. 🐾



# Back to the office and school we go!

## Post-pandemic guide for leaving your dog home alone



Our dogs have gotten very used to our being home with them during COVID. Now, many of us are going back to the office or to school, or increasing our social activities. Our dogs are going to need to get used to a new normal.

The best advice is to slowly increase the length of time you leave your dog alone to eliminate stress.

### HOW DO YOU KNOW IF YOUR DOG IS STRESSED?

Classic signs are whining, barking, panting, pacing, drooling, or changes in their body posture like tucked tails. If you are already seeing these signs on your short excursions, it is time to build a plan to reduce your dog's anxiety.

### HOW CAN I HELP MY DOG ADJUST?

Create a safe place for your dog. Start by doing this while you are home.

- If your dog is crated, start giving them more crate time during the day.
- If you don't want the dog to have the "run of the house" while you are away, start having them stay in a restricted area for a short period of time.
- Always provide a comfortable place (bed, toys).
- Be calm when leaving your dog.
- Consider providing music or tv as background noise.
- Start slow - 10 or 20 minutes is a good start.

### WHAT'S NEXT?

Now that you have started to create a pattern for your dogs, it's time to start leaving them alone.

- Exercise your dog before you go and when you get home.
- Adjust meal times to sync with your work schedule before you need to return to the office...

dogs love routine, so start making the changes before you need to change your routine.

- Make a calm exit. Don't radiate your anxiety.
- Perhaps provide a special treat as you go.
- Provide enrichment toys (e.g., stuffed and frozen Kongs).
- Keep the duration short to start and continue to increase the length of time you are gone.

### OTHER THINGS TO CONSIDER

- There are often many options for day care for dogs. They can be pricey but can be a good alternative for your longer days. Schedule an appointment to have your dog evaluated to make sure day care is a good fit before planning to drop them on your first long day away from home. Some dogs love the playtime, new friends, and treats associated with day care, while other dogs might not enjoy this environment.
- Consider a dog walker. Often, a responsible high school or college student, neighbor, or

family friend may be available. Check your local NextDoor or online services for more options. Be sure to interview the potential walker first and give your dog an opportunity to meet in the home prior to the first walk.

- There are going to be a lot of dogs that will be able to breeze through the routine change, and there will be others that might need some additional help. Signs of increased stress may include behavioral changes such as becoming more destructive with chewing, digging, and pottying, or they may become a little clingier, or increase panting or vocalizations. Be patient, stay positive, and if your dog's anxiety requires more than you can offer, seek help from your veterinarian, a certified trainer, or a veterinary behaviorist.
- Remember to optimize the time you have with your four-legged companion as both of you adjust to your "new-normal" post-pandemic life.

## Melvin's Food Critic Corner—It's Time for Sunday Brunch!

### PEANUT BUTTER AND BANANA "PUPCAKES"

#### Ingredients

2 ripe bananas	2 Tbsp peanut butter, organic
2 cups water	3 cups oats
1 egg, lightly beaten	1 Tbsp baking powder

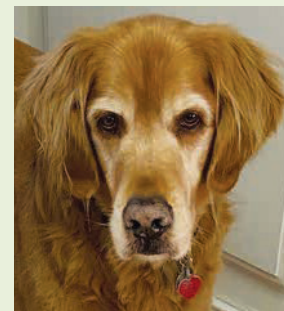
**READY IN:** 25 mins

**SERVES:** 48

**YIELD:** 48 mini muffins  
(48 calories per muffin)

#### Instructions:

- Preheat oven to 350 degrees.
- Prep mini muffin tin with non-stick spray.
- In a food processor, pulse oats and baking powder until it becomes fine (like flour).
- Mash bananas in a large bowl (using a hand mixer works best).
- Add water, egg, and peanut butter to the bananas.
- Add dry ingredients to banana mixture.
- Pour into mini muffin pan(s) until 3/4 full.
- Sprinkle each pupcake with a few extra oats.
- Bake 20-30 minutes, rotating once. Muffins should be firm to the touch.
- Do not store in an airtight container to avoid mold build up.



INVITE YOUR DOG FRIENDS  
OVER FOR BRUNCH!

Another four-paw rating!  
Your Friend, Melvin

*food.com recipe*

# Simba – Our Medical Journey

By Amber and Eric Wittner

“Those who have one foot in the canoe and one foot in the boat are going to fall in the river.” – Tuscarora Native American Proverb

We each have had our own struggles in life this past year. I have come to accept a new level of turbulence with change. They say every seven years every single cell in your body is replaced, and I’m pretty sure that rate has a new half life! As long as I have my strong cup of coffee in the morning and conduct the morning routine with Simba, the day goes on. It wasn’t easy getting to this point in my life, and I can’t imagine having done it without a dog as part of our crew.

In May 2019, I unexpectedly lost my dad. He was 61.5, exactly. Prior to his passing, he was so busy working that my husband and I had taken in his Golden girl, Sydney, to pair with my recently widowed Golden boy, Dozer. We adopted Dozer at the age of 9 – he and Sydney became a pair, often lying together in their own dog pile. My parents raised Sydney as a pup with Reilly, the family patriarch canine. Reilly and Sydney were also a bonded pair and shared the last adventures I had had with puppyhood – in the early 2000s. Five months prior to losing my dad, we lost Dozer, at the age of 15, to a string of grand mal seizures. Sydney was then glued to us. Losing dad, then Dozer, and having my cat of 12 years diagnosed with small cell lymphoma, the waves rocked my boat, sloshing in at times. Add to it the pandemic, each feeling as though we had one foot in the boat to move forward - we wanted something to fill the void of pain, to focus our attention on.

We decided to look at adopting another dog to rebalance our pack. We opted to foster a younger dog from a local rescue. After reeling from our recent loss, we decided



we wanted as many years with one dog as possible. It took only one crazy tween age shepherd mix named Max and less than 48 hours to flip that logic. I knew it wasn’t fair to feel disconnected, unplugged from trying to understand the base of a dog’s issues in behavior. I was overwhelmed, then in reaction mode to Max, one foot in the canoe. It wasn’t fair to him. So we opted to look again, but this time for a Golden Retriever, at an age we could balance with our feline babies and our jobs working from home.

Dozer was twice the size of Sydney - the size of his paw would overfill an adult sized hand. Really missing the XL sized, square headed Golden, I began searching for a new anchor - one big enough to fill the void in the backseat of the crew-cab purchased for optimal dog transport! Scrolling through dog adoption profiles became a regular occurrence.

I froze when I saw Simba’s photo. His face did look scary – such massive scarring and hair loss. Rescued by NGRR at the end of March 2020, Simba needed significant medical care. His medical fosters, Ken and Karen, took care of him by cleaning his ears multiple times a week, applying ointments to ears and eyes, bathing him weekly – trying to get him through severe infections. He was not

yet neutered at the age of 11. Simba and his dog brother Milo were rescued together. Simba’s face, while scary looking to most, was not to us. We saw the Sinai Peninsula - mapped on his nose. As GIS (Geographic Information System) professionals we love maps, and on 6/14/2020 we brought Simba home with Sydney! We were determined to make Simba comfortable - to get to the bottom of his skin, ear, and eye issues. With help from NGRR, a biopsy was conducted of his face tissue (July 2020). After several months of non-progress, we went to Peninsula Dermatology for Animals in San Carlos where we saw Dr. Laura Sickafoose. She confirmed quickly that Simba had Pseudomonas in his left ear and that what we were using to treat was no match for the bug (infection). After 6 months of cleaning ears 2 times a week and weekly bathing, Simba’s ears were ‘packed’ with medicine again, but this time by staff of Dr. Sickafoose. After two rounds of packing over 4 weeks, the Pseudomonas cleared up. Simba was also put on Apoquel - to see if his itching would subside. Happy to report that it’s working, though pricey! After 6 months on Apoquel, Simba’s facial hair is coming in!! And we can now see his big brown eyes - his soul shining through. In addition to a dermatologist, Simba has regularly seen Dr. Eric Griesshaber at Acadia Veterinary Clinic in Cupertino. First interactions between Acadia’s staff and 118 lb Simba were difficult. He was not easy to work with. It wasn’t all rainbows and peaches for us either but look how far we have come.

Simba also struggles with social issues. Watch for Part II in the next newsletter to read about Simba’s socialization and how he is doing in his new family. We love this dog to the moon and back and are so pleased we could help him both physically and emotionally. 🐾



By Debbie Silva Riedmuller

I got Jack after he was rescued from a field in the Central Valley in July 2018 - he was skinny, skittish, and scared. I took him in and loved him and fattened him up and he is now the best dog. He is affectionate, loyal, smart, trainable, doesn’t run off if off leash, and most importantly, he loves me so much. I love him too - he is a great companion as I live alone and he makes sure I’m safe and loved. He is a great watch dog and LOVES to go on walks. He gets so excited when I say “want to go on a walk?” - he starts dancing around and prancing, and it is the cutest thing. Everyone who sees Jack comments on what a beautiful dog he is. His coat is lush and soft and he is a very handsome boy. I love my rescue dog Jack. 🐾



## President's Message

Happy Fall Golden lovers! I hope you have enjoyed the summer and times together with family and friends. With COVID-19 cases picking up again and wildfires starting earlier than usual this year, I'm reminded of how important it is to have our networks in place to help in case of an emergency. One of our articles in this newsletter "Be Prepared! Emergency Preparedness Planning for Your Pet" helps you put a plan in place if you need to move your family, including pets, in an emergency.

It is heartbreaking to see fires destroying families, homes, and communities again. NGRR has a new program where we will be offering our support in natural disasters by assisting local shelters or animal rescue organizations taking the lead on helping animals in a specific natural disaster in Northern California. If you're in a community that needs help, please reach out to us and ask about our natural disaster grant program. We know time is of the essence

in a disaster, and we want to help animals in need with a hope that they're quickly reunited with their families.

In the meantime, pack a bag with a few days supplies including medications for all your family members so you're ready to go at a moment's notice. Take pictures of vet records showing immunizations or prescriptions for your pets so they're easily accessible on your phone. Email or text a copy of these records to a family member or friend (or two) who can help out if needed.

For those evening dog walkers adjusting to the earlier arrival of darkness, it's time to get out those rechargeable neon LED collars to make sure everyone can see us at night. Of course, humans can wear those collars too!

We at NGRR hope you and your families stay safe and healthy!



*Karen Shore*



Millie

*By Richard and Wendy Grahman*

Millie came to us two years ago at the age of about seven. Thanks to NGRR, she was saved just in time. She had health problems and required much veterinary care. Now, 22 months later, she has blossomed. She is the sweetest pup, loves everyone and all animals. We have lots of deer, raccoons, skunks, and all manner of critters. She watches them all with interest but never chases any. She loves to be petted by anyone near. She is great with all other dogs and cats. Lately, she wakes us up by jumping on the bed and pushing my wife and me until she has half the bed. We are very fortunate that she came into our lives. 🐾

7th Annual  
**GOLDEN PALOOZA**

🐾 **November 7TH**  
🐾 **11AM - 1PM**

🐾 **Redding Civic Auditorium**  
- 700 Auditorium Dr., Redding, CA -

- Norcal Golden Lovers  
- Norcal Golden Lovers Sac

Prizes • Paws for Love-Therapy Dog

Please clean up after your Golden!

Thank you to our sponsors:  
VCA Companion Animal Hospital,  
Treats Natural Pet Marketplace,  
Northern California Golden  
Retriever Rescue, Snap on Tools-  
Jerry Butler & Sun Oaks Gym

There are several dog-friendly hotels in Redding. Media will be attending, and the event will end with a walk across the Sundial Bridge. 75-100 dogs are expected and t-shirts will be available for purchase. Please contact Amber Moore at 530-356-2654 with any questions.



*By Anne Tiry*

I have adopted many Golden retrievers over the years from NGRR, and I started 2020 with three NGRR rescues: Lucy (adopted February 2017), Luke (adopted September 2017), and Hero (adopted May 2019). Sadly, Luke and Lucy both crossed the Rainbow Bridge before the end of the year, and for the first time in 25+ years, I only had one dog. And while Hero seemed to enjoy being an only child, I wanted a companion for him.

NGRR had very few available dogs, but in March, I learned about Piper. She came into NGRR as "Peppa" and had been an outdoor dog in the Lodi area. She was being fostered by a lovely family in Elk Grove who taught her how to be an indoor pup and were calling her Piper.

Hero and I live in San Jose, and on Easter weekend, we took a road trip with a friend, and headed up to Elk Grove to let Hero and Piper meet each other. The visit was a success, and Piper came home with us. She and Hero get along famously, although he would be happier if she would PLAY with him! She has settled right in and loves to spend time in the bay window in the living room, announcing to all who walk by that this is HER house. Her other favorite spot is on top of the coffee table in the family room.

Luke, Lucy, and Hero all participated in the Furry Friends Pet Assisted Therapy organization, and I plan to get Piper involved in the fall. She has a lot of love to share with others, and I'm sure she will be a great little therapist. 🐾

# IN TRIBUTE

## In Memory of "Monty"

Monty was our second NGRR Golden who was a special part of our family and who will be very missed. From his tennis ball fetish, including finding them along walks, to his ability to steal paper goods and hamburgers from unsuspecting guests, he brought joy and delight to everyone who met him.

Michelle Lalljie



## In Loving Memory of "Buddy"

Buddy was a good boy and forever friend to the Summan Family.

Rahul Shah

## In Memory of Ruth Baily

Bonnie, Job, Brandon and Justin Kim

## In Memory of Ruth Baily

Ruth was a talented loving friend who cared so deeply about Golden Retrievers

Phyllis House

## In Memory of Ruth Baily

Tara McGovern

## In Memory of Ruth Baily

We lost our beloved Ruth Baily. If you got a chance to talk with Ruth, she would tell you about all the Golden Retrievers she rescued (Willie, Hobie and Brandy) and how much she cared for all the animals out in the world needing a home. She brought so much joy to her family and she will be missed.

Bill and Nancy Baily

## In Memory of "Lucy"

Lucy was adopted from NGRR by Bill Greene. We had the pleasure of meeting Lucy a few years ago. She was a very sweet and good-natured girl. She had a great life living in the beautiful Sierra Mountains, swimming and rolling in the snow. Unfortunately she went to the Rainbow Bridge. We know Bill will miss her enormously. But, she will also be missed by anyone who ever had the good fortune to meet her. Lucy set the bar pretty high.

Kenny and Brenda Rowland

## In Honor of Carole Mason and NGRR

*In appreciation for the work NGRR does.*

*A friend of mine, Carole Mason, has been working with a young dog, Oliver, who has undergone multiple medical treatments.*

*Carole takes him to the vet clinic at UC Davis for special attention. He is in a home now with a family who really loves him.*

*His extraordinary care comes with a big price tag which has been covered by your organization. The combination of your efforts as well as the work of volunteers such as Carole is truly impressive. My heartfelt thanks for the service you provide for these animals in need.*

Judy Scholz

## In Memory of "Moxie"

*A sweet girl who had a smile on her face and in her heart until the end. She was beloved by her devoted papa and brought joy to all who knew or met her. Moxie, rest now in peace. You will be truly missed.*

Jean Connors

## In Honor of "Duchess" and NGRR from Sharon Vintze

*We adopted Duchess with Amanda Schaffner's help and guidance. Duchess is a beloved family member. We appreciate NGRR adoption process and people!*

Sharon Vintze

## In Memory of Bill and Betsy Parks and their dog, "Lady"

*For my late parents, Bill and Betsy Parks and their late dog "Lady". My parents loved dogs, especially Golden Retrievers. Lady was abandoned and came to them as a rescue. Lady traveled with them to 48 states and most Provinces in Canada.*

Jane Parks-McKay

## In Honor of Kris Williams

Gordon Del Faro and "Cookie"

## In Memory of "Sundance"

Klaus and Ellen Porzig

## In Memory of "Sunny" and "Teddy"

John and Leona McCabe

## In Memory of "Cookie"

Gordon Del Faro

## In Memory of "Amber" and "Daisy"

Louise Korn

## In Loving Memory of Pat Langston

*She LOVED Golden Retrievers more than anything else!!!*

Tim and Dana Cronen

## In Memory of Pat Langston

*Lover of Golden Retrievers and of life*

Mary Diehl Rosenberg

## In memory of "Baker"

*For my dear friend Letty. Baker was a most wonderful friend and companion. One of the sweetest dogs there ever was. Our time with him was not long enough. He will be missed by so many.*

Linda Snowden

## In Honor of Joyce Kinton and Larry Cannon and "Daisy"

*We adopted Indy, a Golden puppy just a few weeks before going out of town for our son's college graduation. Since our family was going with us, we had no one to care of Indy. We met Joyce and Larry through a random series of events and they graciously offered to watch him. We are so grateful.*

Nicole, Charles, and Indy Howard

## In Memory of "JoJo"

*JoJo, you will be deeply missed, especially when you would get everyone wet at the lake. What a sweet boy you were.*

Jason and Bekky Horick

## In Honor of Baby Girl Gillen

Kim Castellano

## In Memory of "Humphrey"

Lorrie and Kurt Lichtenfeld

## In memory of "Willy"

*Willy was loved and is missed every day.*

Jeanne Sinsheimer

## In memory of Al Slutman

*He will be so missed by his community, family and friends.*

Carole Frank

## In Memory of "Daizy"

*Daizy was an incredibly wonderful, loving and intelligent girl, and is forever an integral part of our hearts and our family. Words cannot express how emotionally sentient she was and how strong our emotional connection was. We miss her dearly every single day. She is in our hearts always.*

Vivek Jain

## In Memory of "Tucker"

John and Arleen Condrin

## In Memory of "Chloe"

*We adopted Chloe at 14. She had never been spayed, and had recently had a litter of puppies. The owner relinquished her to animal control in the Gilroy area. We provided a safe and happy home for her with three other dogs and cats that she loved. She passed away suddenly.*

Donna Turner and Roxanne Gould

## In Memory of "Sunny and Chase Marcy"

The Groskopf Family

## In Memory of "Livy"

Martha Kassir



In Memory of "Tanner"  
*Tanner was a faithful companion to the Kaplan family for 14 years. May he rest in peace.*

Patricia Martin

In Memory of Virginia Holmes  
Deborah Calhoun

In Memory of "Mo"  
*Mo was trained for search and rescue and visited an elementary school every week as a goodwill ambassador. He was a good boy and will be missed so much.*

Kelly Luker

In Memory of "Buddy"  
*A sweet dog who was adopted by our friends Mike and Holly*

Bob Corman

In Honor of Jeanette Connors aka AJ (Aunt Jean) to our Moxie

*AJ has been there every step of the way in Moxie's 12 year life. Moxie never had to sleep away from her home or be with strangers as AJ was there when I could not be. We are both sad of the sudden loss of Moxie.*

Harvey Veon

In Memory of 'Moxie'  
*In memory of sweet Moxie. She was so much fun and a great companion for 12 years.*

Harvey Veon

In Honor of "Oso"  
*On Oso's adoption*  
Norman and Susan Graham

In Memory of "Arlo"  
*We adopted Arlo in November 2019 and lost him in December 2020. The last year of his life, he was spoiled rotten. We loved him dearly; he brought so much love, laughter, and entertainment into our home. He was such a good boy, so easy going. Losing him was the hardest thing I've had to endure. I still miss him and always will. He was one in a million, and we had hoped that we would have at least five or six years with him, but he crossed the Rainbow Bridge much too soon.*

Pamela Trebotich



## DONATIONS

### Best Friend:

#### \$1,000 and up

Susan Brady Alfaro Trust  
Gordon Del Faro  
Julia Gould  
The Griffiths Family Fund  
Vivek Jain  
Caroline Jones  
Kathleen LaCross  
Carol Winter

### Pure Gold:

#### \$500 to \$999

CAF of America  
Wayne Monahan  
Harvey Veon

### Wet Kisses:

#### \$250 to \$499

Cheryl, Alyssa and Aaron Breetwor  
Chevron Matching gift  
Norman and Susan Graham  
John and Leona McCabe  
Donna Turner and Roxanne Gould

### Wagging Tails:

#### \$100 to \$249

A1 Properties  
Aerojet- Blackbaud  
Carol Allen  
Applied Materials Foundation  
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Charles Betlach  
Craig and Ida Branting  
Deborah Calhoun  
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Tracey Nowell  
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Michael Robinson  
Kenny and Brenda Rowland  
Rita Seidner  
Rahul Shah  
Pamela Trebotich

Sharon Ferrante Vintze  
Jim Walberg  
Dan and Irene Weakley  
Rose Mary Wright

### Cold Noses:

#### Up to \$99

Susan Abuyaghi  
Kim Castellano  
Diane Coleman  
John and Arleen Condryn  
Costco-Fordsom  
Hannah Flood  
Jayneel Gandhi - Bright Funds  
Jason and Bekky Horick  
Phyllis House  
Martha Kassin  
Bonnie Kim  
Teresa Kludt  
Louise Korn  
Lorrie and Kurt Lichtenfeld  
Kelly Luker  
Gerald Macedo  
Kim Martin  
Patricia Martin  
Tara McGovern  
Patrick and Mary McKay  
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Deborah Rizotto  
Mary Diehl Rosenberg  
Judy Scholz  
Jeanne Sinsheimer  
Linda Snowden  
Laurel Stroud  
United Way - Calif State  
Leslie Waite  
Janeen Worland  
Jack Zwissig

### Memorial & Tribute Donations

Donations may be made to memorialize or pay tribute to a special person, Golden, or pet of any kind. Donate online at [www.ngrr.org](http://www.ngrr.org) or send your donation and information (for whom the donation is being made and their address, your name, address, and phone number, plus words of personalization) to:

NGRR

405 El Camino Real, Suite 420  
Menlo Park, CA 94025-5240

A handwritten letter will be sent shortly thereafter acknowledging that a donation was made to NGRR. Give us a call if you have any questions.

# Zig and Ric Rac

By Holly and Mike O'Brien

A few months ago, we were lucky enough to have the opportunity to “foster to adopt” a bonded pair of female Golden Retrievers – Zig Zag, who will be 13 in September, and Ric Rac, who is 8 1/2. We recently lost our last Golden, Buddy. He was 9 when we adopted him and 14+ when he passed away in January. Buddy was loved by everyone, and everyone mourned his passing. When we started walking around the neighborhood with these two beautiful girls, our neighbors came pouring out to meet them, give them treats and toys, and welcome them to the neighborhood. Typical Golden Retrievers, they wag and smile at all.

It may sound like they are sedate seniors, but that is definitely not the case. Ric acts half her age. Zig can keep up with Ric on their walks and will sometimes, when the mood strikes her, start wrestling with Ric. When that happens, Ric turns into a flying ninja dog, and after a flip around, bumps Zig with her rump and they are off! Both girls love a good squirrel sighting, but Ric is the true hunter in this pack. She will sit and stare at a tree or the fence, waiting should a squirrel or bird dare to enter the backyard. Zig is the water dog and has been known to attack a neighbor's sprinkler head in order to eat the water. Around the house, Zig is mellow and Ric is a big couch cuddler.

We always tell new Golden parents that their puppy will start to slow down after age 10. Zig and Ric are good examples of that. To make it easier on our older pups, we use non-slip throw rugs for large expanses of wood flooring and raised water bowls for easier drinking. Our goal is to keep them strong and happy in their golden years. So far, so good! 🐾



Zig



Ric



## Mollie

By Mike and Susan Granata

My name is Mollie and I am proud to be a NGR dog. I'm a different dog since I found my forever home. Let's see... my new life has all kinds of activities. I have twice daily walks that start out with helping my daddy dog, Mike, get his shoes on. I try to help him hurry up, but when I see those shoelaces flopping around, it looks more like game time to me. Then there is the toy drill. I have two whole toy boxes all to myself. I have plenty of appropriate chew toys and soft toys. I decided one day that I don't want squeaky toys anymore and have been working tirelessly to remove all the squeakers. It's a never-ending job because as soon as I start pulling the squeaker out, mama dog, Susie, snatches it up and sews it back together. At this rate, I will never be done! When we play

with my stuffed animals, I like to crinkle my nose, and sometimes show my teeth, which is how I got my nickname “Baby Shark”. One of my favorite things to do is gopher hunting. When I smell a gopher, it is “game on”. I can tear up the ground so fast, even my mom and dad can't believe it. My dad constantly shakes his head and says “Mollie, I can't believe it”. Yes, I am that good. I love to run through the sprinklers and play. It is so refreshing – water in my face, mud on my feet, and then time to run in the house to say “hello” to my toys. I wasn't exposed to much before I was adopted, so almost everything is new to me and it is quite exciting. I love meeting new people and dogs. I'm just so darn happy. I have everything I could ever want. Parents who love me. Food. A safe place to live. Toys. Activities. I even have a Grandma and Grandpa dog that come to visit, too. Yes, I am a happy little girl! 🐾



# Be Prepared! Emergency Preparedness Planning for Your Pet

As we enter fire season in California, flood season in the Midwest, hurricane season in the South, and of course, it's always potential earthquake season in California, it is a good time to create an emergency preparedness plan for your pet to include with your individual or family's plan.

In an emergency, your pets will be even more dependent on you for their safety. Learn what to do to keep your beloved pets safe.

This guide is primarily about dogs and cats. For tips on disaster planning for livestock, horses, birds, reptiles, or small animals such as gerbils and hamsters, please visit The Humane Society of the United States ([www.humanesociety.org/](http://www.humanesociety.org/)) or [Ready.gov](http://Ready.gov).



## Top Tips for Keeping Your Pets Safe During a Disaster

1. If it's not safe for you to stay in your home during an emergency, it's not safe for them either!
2. Include supplies for your pet in your emergency kit, or assemble an emergency kit just for your pet.
3. Make an evacuation plan for you and your pets. Many hotels and shelters do not accept animal guests other than service animals.

## Assemble an Emergency Kit for Your Pet

Keep items in an accessible place and store them in sturdy containers so that they can be carried easily.

*Your kit should include:*

- Sturdy leashes, harnesses, and/or carriers to transport pets safely and ensure that they can't escape.
- Food, drinking water, bowls, poop bags, cat litter/pan, and a manual can opener if your pet eats canned food.
- Medications and copies of medical records and vaccinations stored in a waterproof bag.
- A first aid kit.
- Current photos of you with your pet(s) in case they get lost. Since many pets look alike, this will help to eliminate mistaken identity and confusion.
- Information on feeding schedules, medical conditions, behavior problems, and the name and number of your veterinarian in case you have to foster or board your pets.
- Pet beds, blankets, and toys, if easily transportable.

## Create an Emergency Plan for Your Pet

*Know a Safe Place to Take Your Pets*

- Know which hotels and motels along your evacuation route will accept pets in an emergency. Call ahead for reservations if you know you may need to evacuate. Ask if no pet policies could be waived in an emergency.
- Most American Red Cross shelters cannot accept pets because of health and safety concerns and other considerations. Service animals that assist people with disabilities are allowed in Red Cross shelters, and some shelters may have kennels available, but check first.
- Know which friends, relatives, boarding facilities, animal shelters, or veterinarians can care for your animals in an emergency. Prepare a list with phone numbers.
- Although your animals may be more comfortable together, be prepared to house them separately.
- Include your pets in evacuation drills so they get used to entering and traveling in their carriers calmly.
- Make sure that your pet's vaccinations are current and that all dogs and cats are wearing collars with securely fastened, up-to-date identification. Many pet shelters require proof of current vaccinations to reduce the spread of disease.
- Have your pet microchipped by your veterinarian.
- Read more about our safety tips for traveling with your pet at [www.redcross.org/get-help/how-to-prepare-for-emergencies/pet-travel-safety.html](http://www.redcross.org/get-help/how-to-prepare-for-emergencies/pet-travel-safety.html)



## Help Emergency Workers Find Your Pets

The ASPCA recommends using a rescue sticker alert to let people know that pets are inside your home. Make sure it is visible to rescue workers and that it includes the types and number of pets in your household and your veterinarian's phone number. You can find them at <https://secure.aspc.org/take-action/order-your-pet-safety-pack>

If you must evacuate with your pets (and if time allows), write "EVACUATED" across the stickers so rescue workers don't waste time looking for them.





## Dear Abby-Gold

By Deborah Armstrong

**Q:** *We rescued two Golden Retrievers. Our older girl loves people, especially strangers. She wiggles all over with a toy in her face and bounces around the room demanding to be petted. She can hardly contain her excitement when friends visit. Our younger boy, on the other hand, is terrified of people. He's gradually learning to trust us, but he cowers and tries to hide when people come near. He shies away from any hand that reaches out, and he doesn't enjoy being taken for walks. Why are they so different and what can we do to build the younger Golden's confidence?*

**A:** The causes can be partly explained by breeding and genes, but often they result simply from the environment where the puppy grew up. A pup raised on a farm will grow accustomed to livestock and delivery trucks but may be spooked by riding in a city apartment elevator. One of my Golden Retrievers, raised near Disneyland, could sleep through the fourth of July because he'd grown up hearing fireworks every night, but he was nervous when he heard thunder. One of my Golden Retrievers is terrified of small dogs; my other Golden thinks every toy breed must be a playmate.

Your older female was likely raised in a chaotic household with lots of friendly people coming and going. Your male might have spent much of his life isolated in a backyard, or perhaps grew up indoors with a single person.

Scientists believe this fear of the unknown protects young animals from predators. In the forest, they quickly grow accustomed to normal sights and sounds but learn to run or hide when anything unfamiliar approaches. This is why behaviorists encourage people to gently expose puppies to a variety of experiences, for example, men in uniform, women wearing large hats, children, cars, cats, and other friendly dogs.

You will need to gently expose your male to the unfamiliar as well, but with a great deal of care. He should get treats when strangers are in the room, but they should not approach him. He should be allowed to see and hear frightening things from a great distance, for instance, walking past noisy trucks or calm dogs on leash who are at least 50 yards away. The level of exposure you offer him should be guided by his fear, and you shouldn't push him in to accepting anything that still scares him. Offer plenty of treats if he is calm when the scary thing is far away and gradually sensitize him to approaching closer.

It takes a great deal of time and loving patience to help an adolescent or adult dog overcome fear, especially because Golden Retrievers are particularly emotional creatures. If you remember this fear is an instinct whose purpose was to protect vulnerable young animals from predators, it will help you understand and support him as he learns to trust. 🐾

## TRAVEL TIPS

# Let's Hit the Road

### **Can I take my dog on vacation with me?**

Taking your dog on a road trip is an exciting adventure. It's so nice to have them with you and tailor your activities so you and the pooch have a great time.

### **WHERE TO STAY**

Several hotels/motels allow pets. You can do online searches for dog-friendly lodging. Make sure you read the small print! There may be extra pet fees, vaccination or crate requirements, or weight limitations. You may be required to sign a release of liability. On the positive side, several hotels provide special perks for pets like treats or onsite dog parks.

### **MEDICAL**

Make sure your pet is fully vaccinated and bring copies of their vaccination record and other medical paperwork. In case you get separated from your dog, be sure to have your microchip information with you and that your dog has an ID tag with a number where you can be reached. Your home phone is not a good idea since you won't be home! It's always a good idea to have your cell phone number on your dog's ID tag.

### **SUITCASE - WHAT TO PACK**

- Water and food bowls
- Food and water (you may need water along the way, so make sure it is easily accessible)
- Toys
- Treats
- Leash (pack an extra in the car) and poop bags
- Towels
- Bed and throws

### **ON THE ROAD**

It's fun to have the pooch with you, and it's important to remember they may need frequent stops. Be sure they have adequate water to avoid dehydration. Going for a short walk every few hours gives you and your dog a new experience.

### **TALLY HO!**



## Donating to NGRR

Since our organization is staffed entirely by volunteers, every penny of your contribution will help pay for veterinary care, food, and other direct expenses required in our work to rescue and find loving homes for Golden Retrievers.

### Gifts by Credit Card Or Check

A gift by check or credit card may be made outright or as a pledge to be fulfilled over a period of up to five years. If you itemize tax deductions, your contribution is fully deductible up to 50% of your adjusted gross income; any excess can be carried forward for up to five additional years. You may safely donate online at [www.ngrr.org](http://www.ngrr.org). To make a gift by check, mail it to NGRR at our Menlo Park, CA address. To make a gift by credit card, please also tell us the type of credit card, CVV code, card number, expiration date, and name as it appears on the card.

### Payroll Deduction

The simplest (and most painless) way for many of us to manage our gift giving is with an easy payroll deduction. Each year, United Way, the Combined Federal Campaign (CFC), and other charitable campaigns give working people the opportunity to allocate payroll deductions or make a one-time contribution at work. Ask your employer for a Donor Option Card to direct your United Way contribution to NGRR.

### Matching Gift

Over 6,000 companies encourage their employees' philanthropy through a matching gift program whereby your employer will match your individual donations. This generous program doubles – and sometimes triples – your donation. Ask your human resources department if your employer has such a program. If so, you will be given a matching gift form to send to NGRR with your donation, and we'll do the rest!

### Appreciated Securities

Your gift of long-term, appreciated securities (stocks, mutual funds and bonds) is exempt from capital gains taxes and, in most cases, enables you to obtain a charitable income tax deduction equal to the market value of the securities at the time of transfer, for up to 30% of your adjusted gross income.

### Gifts Through Your Estate

For many of us, making a gift through our estate is the most realistic way to make a substantial contribution to NGRR. At the same time, a carefully planned estate gift can reduce or eliminate federal estate taxes, depending upon the size of your estate.

### Life Income Gifts

You may be able to make a gift and receive direct financial benefits. Some financial vehicles, such as charitable trusts, can provide you and/or your spouse with an income for life and a charitable income tax deduction as well. These vehicles often pay a rate of return that exceeds money market and CD rates. In addition, they typically help avoid capital gains taxes and reduce estate taxes. Gifts can also be made through your estate while preserving assets for your current needs.

### Gifts of Real Estate

You can make a gift of commercial or residential real estate and receive substantial financial benefits. If you give the property outright, you can qualify for a charitable income tax deduction based on the appraised value of the property.

### Vehicle Donations

You may donate a vehicle through NGRR's partnership with the CARS program. NGRR selected CARS Vehicle Donations because their program is designed to support nonprofits of every size and shape. They have well-understood processes with 20 years of experience with vehicle donations.

### Tell NGRR How to Use Your Donation

There are several ways you can direct NGRR to allocate your contribution. You may choose to spread your donation across all funds, or you may tell us to apply all of it to a specific cause.

### General Fund

Contributions to this fund will pay for ordinary veterinary care and other expenses related to our Golden Retrievers in foster care. Any excess monies in this fund are allocated to NGRR's emergency reserve to help cover catastrophic events, such as earthquakes, fires and puppy mill raids, in communities throughout Northern California.

### Senior Golden Retrievers

Contributions to this fund will be used exclusively to support the extra veterinary and foster care usually required for dogs eight years and older – our well-deserving Golden Oldies.

### Special Needs Fund

Inspired by "Zack," a severely dysplastic Golden taken in and treated by NGRR, this fund was established to provide extensive veterinary care, surgery, and rehabilitation to young and deserving Golden Retrievers who are critically ill, deformed, and/or injured. These dogs need immediate access to funds to restore their quality of life – and, in extreme cases, to save their lives – without financially burdening their adoptive families.

### For More Information

For further information, please consult with your financial planner or tax advisor. More information about donating to NGRR can be found on our website at [www.ngrr.org](http://www.ngrr.org).

*I would like to learn more about volunteering for NORCAL Golden Retriever Rescue. I am particularly interested in the areas noted to the right. (Note: This information may also be submitted through our website at [www.ngrr.org](http://www.ngrr.org).)*

### Mail to:

NORCAL Golden Retriever Rescue  
405 El Camino Real, Suite 420  
Menlo Park, CA 94025-5240

### HANDS-ON DOG WORK

- Area Coordinator
- Area Assistant
- Foster Care
- Home Visits
- Shelter Checks
- Phone Calls
- Transportation
- Marketing Outreach
- Store Merchandise
- Content for social media, newsletter & website

Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Telephone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

NGRR is a tax-exempt 501(c)(3) corporation under the IRS Tax Code. Tax ID #77-0392584

