

A nonprofit, volunteer organization dedicated to finding new homes for displaced Golden Retrievers in Northern California

VOLUME XXIII, ISSUE NO. 1 ~ SPRING 2017

### Annie

Thank you to Jan Dreyer for submitting this.

We think that dogs are surrendered because people don't have enough time for them or are moving and they just can't take the dog with them. But for every dog, there is a different story. Annie, an 8-year-old, was living with a widowed woman who loved



her dearly. The owner had some medical problems and her balance and mobility were impaired. She fell and broke her arm and then a few months later, tripped again and broke an ankle. The daughter insisted that Annie be surrendered to

ensure she didn't cause a fall, which broke everyone's heart. I promised the woman I would find a home where the adopters were home most of the time and would give Annie oodles of hugs.

Annie came to me for fostering and I called a senior couple who had recently lost their Golden and were heartbroken and lonely. They drove to my house immediately, armed with treats, leashes, and warm blankets. Do I have to tell you? It was love at first sight. For several years I would get a call from the adopters on the anniversary of the adoption, telling me how well Annie was doing and how much they loved her.

Surrendering is often heartbreaking but it is so rewarding to know that when dogs come to NGRR, they will end up in the perfect home.



Dayton, photo courtesy of Michelle Stueven.

#### by Deborah Armstrong

The canine sport of flyball flies below the radar for many Golden owners. But if your young, energetic Golden is bouncing off the walls, it's a fantastic activity to consider.

Aflyball dog learns to be independent. Leaping in to a running take-off from the start line, dogs hurtle down the 50foot course scaling four hurdles to arrive at a spring-loaded wooden contraption called "the box." Jumping on the front of the box releases a tennis ball, and dogs learn to gracefully pounce, grab the ball and turn to run back along the course in a single smooth motion. On the return trip, dogs must again jump the hurdles before crossing the finish line where they deliver the tennis ball to the welcoming arms of their handlers. If that's not hard enough, another dog in will be running the same race, jumping hurdles, retrieving balls from their own box, and racing back to handlers. The two dogs racing must pass each other without a glance, and stay focused on their goal: to make the fastest possible time for their team. 3.6 seconds is the current world record.

Teams race in relays of four dogs against other teams with multiple heats for each race. A tournament day runs from dawn to dusk and averages around 75 races. Tournaments are held across each state in the nation, culminating in a national competition in October.

This family-friendly sport doesn't (Continued on page 4)

## NORCAL GOLDEN RETRIEVER RESCUE FUND

At the end of last year, we sent out our Rescue Fund letter. The purpose was to raise funds so that we can expand and continue to rescue and relocate Goldens from Bakersfield to the Oregon border. Our donor support last year was wonderful with record high donations of more than \$120,000! Below are the names of those who contributed using the green donation card in that year-end mailer. Many thanks to all of you – and to those of you who contribute throughout the year.

#### Best Friend: \$1,000 and up

Donna Albini & Scott Pommier Dean & Linda Bonomo Ms. Kathryn Coffey Ann Coulson Joanne C. Crist Bob and Pat Dahl Gap Inc. Cybergrants Google Inc. Benevity Community Impact Fund Julia Gould Mary Anne Graziano Michael and Beverly Groeniger Stephen Hansel Karen Hargrove Gregory Koll Catherine Kruttschnitt Roberta LaPorte Kim Lorz & Sarah Shreve Marilyn Makepeace James Maloney Lee & Joan Sampson Bruce Stiely Don Tornberg Barbara Valenta Norm & Joan Wallace The Waters Foundation M. K. Williams

#### Pure Gold: \$500 to \$999

Pamela Adams Roger Battaglia Robert Bergman Christine Bosley Susan Brady Alan Carter Jackie and Cindi Crowder Linda Delaney-Sathy Valerie Erickson Ms. Joyce Felch Tim & Helen & "Abbie" Gladden Martin Hover Vicki & "Duke" Magstadt Nancy & Ed Mendell Wayne & Janelle Monahan Dawn Nagengat Mike & Darlene Nellis Holly & Mike O'Brian David Roseman

Harriet Ross Carl Shannon Carol Veenuyzen & Deborah Stonger David Yarnold

#### Wet Kisses: \$250 to \$499

Anthony Adair Sue and Jim Almlie Joann Banayat Carole A. Beeton JoAnn Bonner Steve Broccoli & LauraNakashima Jann Capone Teresa Chinn & Paul Miyashiro Vicki Coe Anne Coogan Amy Crowe Douglas Del Paggio Virginia DeMaria Ann Fairbanks Jennifer Fernandez Dan Fink James Freberg Tracy Gibbons Rita Godinez Melinda Griffith Linda Herman Bob & Sandee Higby Cheri Hitchcock Lisa Kearns Suzanne Krakover-Nickel Yuchun Ku & Brian Tan Katherine Langbein Clifford Lange Stacev Lavton Molly and Steve Lopez Kevin Lucas Darrin Martin Glenn McGhee Claire & Don Mittelstaedt Lynne N. Mueller Laura Nielson Leo & Georgine Nordin Colleen O'Brien Joseph Parker Tia & Mark Pierce John & Karen Reis **Denise Sanders** Rom & Adrienne Silvester Clay Stringer Gary & Marchita Troedson Michael VanLonkhysen & Courtney Hallum Yvonne Vergez Elaine Weihman Bob & Nancy Wilson Carol Winter Susan Zunino

#### Wagging Tails: \$100 to \$249

Michael Alaga Herman L. Alcalde Fred & Maureen Allen Jason And Julia Allen Jennifer Alm

Robert & Debee Armstrong Irene Babcock Drews Robert Backlund Anne Bacon Ruth A. Baily Joan & Bob Bea Fran Beach Neil Bell Elizabeth J. Benjamin Justin Berkowitz Cheryl Berner Davette and Kathryn Berry Brad Bettencourt Deborah Bevilagua Mr. & Mrs. Paul Bissiri C. Blamires Jackie Boccabella Jennifer Bock Hughes Mr. Donald E. Boscacci Craig and Ida Branting Don and Judie Brimmer Broadway Pet Hospital Rensselaer Brown Robert Brown Kathie Buava **Buchler Family** Andrea Burling Margaret A. Callahan Don and Christine Carlin Janice Chalfant Darold Chan Barbara Charbonneau Diane L. Cincotta Lisa Cogar Ian Colson Don and Mary Coluzzi Jean Connors Sue Coonev Nicholas Cooper Teri Cosby Gordon Craig Bridget and Don Creaven Richard Daily Ronald Davidian John Davidson & Gail Stevens Loni Davis Svlvie Delanev Bill and Linda Desier Sally Divittorio Midge Dobbins Jill and Don Dominguez Thomas C. Donohoe William Dorset Lisa Doty Ruth Dunne Mary Durantini Christine Elbel Scott & Sally Evans David Fain Chas Farnsworth Joan and Phil Fisher Ray and Joan Folla Kathleen and John Ford Donna and Don Forst John W. Fox, DVM

Robert Fraguglia Carole Frank Neil and Janet Franklin Jack Freethy Michele Fuller Patricia Garland Linda Gibbons & Gary Brown Christine Gillett Alex and Martha Glew JoAnn Glidden JoAnn Golden Jeffery & Barbara Goschen Ellie Green Robert Greenberg Marcia L. Gretz Cathy A. Grovenburg Janice Gryp Marilyn Guerin Jo Haraf Adrienne Harber Randall John Hart Friederike Heidger Linda L Henderson Michael and Antonie Heren Denise and Stewart Hershkowitz Mark Hillard Thomas Hogan Hokama-Winters Family Virginia Holmes Nancy Honig Robert Horenstein Geoffrey Hornby Sally Hoye Roger Humpreys & Cecelia M. Voeller Evelyn Hunt Deborah Greene Jacobi Julie Jepsen-Grant & Bill Grant Judith Johnson Loretta Jones Norm & Lili Jouppi Rolf Kaiser William and Nancy Kales Peter Karagiannis Kathleen Keller Emily Kenyon Austin and Barbara Kilburn Elaine King Joyce Kinton Nancy Kivelson Constance Koehler Louise Korn Kathleen O. LaCross Ray Lamanno Nelson & Elisabeth Lampert Judith Lane Jim Lauber & Tim Portwood Pamela Lavin Edith Lavin & Richard Ruggieri LeClaire Family Edwin M. Leidholdt, Jr. Jeanette Lenger

Donna Leonard Greg Lindahl Ronda Little Bruce Loper Chris and Bette Lucey Douglas Lynn Wendy MacDonald Annie Magnie Steven Mahl Janet Malan Ellen Maldonado Susan Marchant & Stephanie Sanders-Badt Ron and Floy Marks Sheila Martin David and Judy McCarroll Linda McClimans Leslie McCoy Robert and Gail McFarland Christine M. McInerney Ellen Metcalf Belinda Milford Randall Miller Cecilia Minarik & A. Thoburn Dev Mishra Patricia Mitchell Dolores Mogg Tammy Moran Marta Moreno Barbara Morgan Zaney Anne Moselle Robert D. Mulford Hauke Nehrenheim David & Laura Neil Grenn Nemhauser & Lindsey Beaven Michio and Maureen Nikaido Everett & Rebecca Palmer Mary Palmer Tom Parkin Sharon Parsons Caren Patrick Larry Patten Judith Peake Luanne Peters Dick and Jan Petersen **Daniel Pierce** Brenda Radcliffe Anthony Richmond & Pilar Parducci Terry and Tracy Ricketts Melissa Roland Michael Roman Tes Rue, DVM Rex Samson John Sanders Dagmar Satterla Madeliene Scheimann Terry Sechrist Angela & Ibrahim Serbest Kathleen Susan Olney Shaw Audrey Sheeley

Scott Sherwood **Raymond Shields** David Siegfried Lorraine Simoneau Anthonty Spangler Cathy Spratling Philip Staley Nancy Stipanich Lori Straley Geri and John Sullivan Betsy & Don Sumner Cynthia Swainbank Scott Taylor William W. Taylor Douglas Thompson Norma Tissot Paula Tokugawa & Richard Dunckel Mark Turgeon Harvery Veon Marissa Verceles Randy Wagner Chris & Leslie Wallace Faith Walton Linda and John Weatherholt Carol Weinbrock Linda Whitely Mary Wilson Susan Wilson Jeffery Wire Thomas Wong Rose Wright Wymond Family Gary Yant George W. Young Judith Zwierzycki

#### Cold Noses: Up to \$99

David Aiken Anoush Alexanian Judy Amado Judy & Wayne Anderson Valerie Anderson Georgia Antonopoulos Robyn Anzelon Lucy Aron Mary Jane Ayala Margaret Azevedo N. Bailev Jennifer Ballerini Mary Baron James P. Bartlett Michelle Beazley Linda Beno Jim and Debbie Berry Cory Birnberg Timothy Bishop Lisa Boden Marilee Brand Robert Brennan Allison Bright Laura Burke Noelene Byars William Byerley Denise Cahalan Mr. and Mrs. Gary Carrasco Joan Carrico

Michael Carsch Sara Chamberlin Patricia Chan Katie Rose Chiolero Jan Cole Sara Connolly Susan Cooper Anna Corba & Bill Washburn Susan Cramer Lorna Creed Barbara Cresci Janet Croad Michelle Czaja Jan Dalluge Kimberly Daly Joyce Davies Marilyn Day Lorena Deluca Laurie Depaolo Lavina Dicce Janet Dorr Robert and Jean Downey John & Heidi Drum Newton Drury Margie Dullea Barbara Dutcher Toni Eams Leslie Earl Karen A. Eckman-Rippy Joanne Elefant Mimi Ellis Hogan Tom and Debbie Emmitt Leah and Lawrence Erickson Carol Flanagan Carole Foley-Stewart Leanne Franklin Dan & Barbara Freeman Harold Freiman Roberta Friedman Bob & Margaret Funnell Cindy Garcia Richard & Julia Geist Gilbert & Barbara Gordon **Richard Grahman** Timothy Graney Phyllis Greene Mary Grimm Bob Guelfi Angela Guenther Lauren Gully Sandy & Tom Hakala Karen Hall Gay Hananouchi Jean Harrell Kate Harris Tom and Mary Hedges Ron Helm Donald Hensinger Cynthia Hertlein Jack Hixon Julie Hoffman Paul and Carol Holzberger Rene Hooper-Peters Elaine Hujambojoie Janice Jerabek Sue and Lee Johnson

Clark Kelley Nancy Keith Kelly Susan Kennedy Arlene & Brian Kesluk Jim and Mary Kleinbach Jennifer Knight Jacquie Knott & David McAndrews Mark Korody Susanne Lampert Pam Laughlin Pam Lawrence William & Constance Lawrence Le Boa Family Marcy Leach Ronald Leonard Linda Leong Korie Levitan Judith Lindbergh Litton Family Peter Lucich Jade Lum Pat MacFadyen Patricia MacLeod Beverly Mager Esther Makower Perry Marlon Carol Martin Corey Mayers Gail McCollom Sloan McDonald Paula McGinnis J. and E. McGowan Laurie McGraith Patrick McKay Mirissa McMurray Franchi Theresa McTague Nancy Miller Ryan & Janet Monger Kathy Moodie Andrew Moore Rosalind Morris William R. & Linda Mullen Jeff Munckton Judy Munley Diane Murray Mary Lynne Murray Lynne Nichols Lynn Nickles Kellie Nyholm Tina Ondenbeke David Orris Parkin Family Janet Peacock Sally Peck Sharon Phillips Dr. Judith Pickersgill Kate Piersanti John and Katherine Podesta Toby S Pollock Gwennie Preston Ann Prindiville Tom and Carol Raney Eugene Reames Leal Reinhart Jonathan Rende Julie Rice

Bob and Barbara Richards **Diann Riggs** Gail Riley Lani Ritchev Frank & Patricia Robin Mr. & Mrs. Michael Robinson Paul & Kathleen Roman James Roossien & Charles Allen Ann Rosenthal Ken and Arlene Rov Janet Rudolph D.L. and Gloria Russell The Russell's Virginia Ruth John and Camille Rutkowski Valerie Ruud Cheryl & Art Sakata Susan Salnick Marilvn Sanchez Linda Scheffel Kathy and Ray Schilling Paul and Linda Schulman Stephen & Catherine Seagrave Elizabeth Silow Paul Silva & Mary Jane Ayala Susan Siragusa Lorene Sisson Alice and Jeff Smith June Smith Neal Smith Shirley Smith Steve and Shelagh Spafford Barbara Sparrow Tana Steinert Mariellen Stern Beverly Stout Ray and Carol Sublett Frances Sun Dave and Nikki Svoboda Nelson Tandoc Chris and Vilma Tang Pam Tellefsen Jeanne J. Thatcher Sue & Alan Thomson Julie Tomasin Claire Tosio Karin Towner-Caro Gerald & Nancy Tsukamoto David and Gail Turner John Vercelli Charlene Vorous Harry J. & Betty Waldman Jill Waterman Christopher Weber Carol Weldin Carol Wells Joyce & Don Wells Pamela White Becky Williamson Ingrid and Steve Wittenberg Bette Wood Kathy Woolcock Jack Zwissig

# Flyball

(Continued from front page)

just attract the competitive. All ages of humans and canines participate, with multiple entry classes for all ability levels. Most local teams practice weekly for 2 to 3 hours, which is where deep bonds form between members. Members drill together to train each other's dogs and solidify the team's precision and speed. Traveling to meets and working so closely together, the team becomes an extended family with everyone contributing towards the team's success.

Flyball is a canine sport for ordinary folks, and though professional trainers participate, it is the regular practice with the team that sharpens dogs' skills. The mistakes dogs make are hilarious, from dropping the ball in the middle of the race, to simply running off to get petted. The behaviors of running, clearing hurdles, retrieving the ball, returning to the handler with the ball, ignoring other dogs and other balls and simply staying the course can take up to two years to master, but members are patient with newbies because they know many will become stars. Complex behaviors are broken down to achievable steps and new dogs get plenty of chances to practice and learn. Young dogs quickly develop a strong off-leash recall in spite of distractions, a wonderful skill for keeping them safe.

Dayton, our Golden (pictured on the front page, courtesy of Michelle Stueven), still has trouble remembering to only retrieve his own ball and to race, not chase. Tom, one of our NGRR rescues in San Jose is still struggling with the urge to retrieve random balls and to remember hurdles are for jumping, not circumnavigating!

Though Border Collies are plentiful, flyball is friendly to all - it is totally breedagnostic. Papilons, Pitbulls, Poodles, and Pugs participate. Many teams compete for the fellowship and fun with no desire to win. With the positive training, the sheer joy of racing and the plentiful cheering and applause that accompany each small success, it's a sport where everyone always has a great time.

Goldens with their love of tennis balls and their desire to work closely with their people are particularly well-suited for the sport. And, for the flighty Golden, flyball is especially good at teaching self-control. Handlers deliberately amp up dogs before a race to get them to speed through the course and once they are running, people on the sidelines jumping up and down yelling are encouragement while handlers scream in unison to "get the ball," "over," and

"bring it here." Rows of raucous crated dogs bark incessantly and the cacophony and chaos can be overwhelming for the uninitiated. Skeptics wonder if flyball encourages dogs to get out of control, but nothing could be further from the truth.

Though the excitement level is high, the level of focus to complete an entire course, with no errors is correspondingly high. There are no fences or leashes to prevent dogs from messing up, and it is only their intense discipline and love for the sport that keeps them in the race. ~

### **Flyball Resources**

North American Flyball Association: www.flyball.org/

Wikipedia's page on history and description of flyball: en.wikipedia.org/wiki/Flyball www.u-fli.com

Flyball FAQ: flyballdogs.com/FAQ.html

Also search YouTube and try terms like "Champion" and "screw-up" to get some truly great videos of the sport!

### **President's Message**

AGAIN, the months have flown by - it's spring! I hope that this newsletter finds you all healthy and happy. Here in Northern California, we have had our much needed rain that at times, was much more than we could cope with. With all the flooding and wind damage that many had to endure, it was a stressful winter. However, I find that there is still much to be grateful for.

As a board, we have tediously worked on updating corporate documents, reviewing procedures, establishing new protocols, and getting our new website on its feet while continuing to rescue the breed we all love so much. These past months, we have saved many sweet, elderly, sometimes neglected Goldens. It can break your heart to meet these determined souls; it will melt your heart to watch them thrive in their new loving homes!

We are so grateful to our generous donors who provide the funds to provide the veterinary care that so many of our intakes require. Sometimes the generosity is overwhelming to know that such kind hearts exist to help a dog that they have not and will not ever meet.

I and the rest of the board are grateful for our volunteers.

They are the "boots on the ground" who go out undaunted to save Goldens from neglectful situations or simply pick up the lost ones from the shelters. There are the tearful surrenders when owners cannot keep their Goldens due to family crises. We have volunteers who exercise their patience to the limits; who drive hours to pick up surrenders or deliver the adopted; who place the Goldens that are so matted, dirty, and smelly into their cars to get them home and bathe them; who take their time to interview potential adopters and visit them in their homes. Yes, I am very grateful to our volunteers.

Some of our volunteers edit our newsletters, manage our snail mail, email, and hotline, send out our thank you letters, or oversee our website, finances, calendar preparation, and sales. Our board is made up of all volunteers. The hours that are expended to run a rescue are amazing and the people who step up are absolutely incredible – all for the love of Goldens.

Thanks to all of you – donors, volunteers, and board members - for your support, diligence and hard work! And if each of our saved souls could, they would thank you too!

In gratitude, Gayle Jackson

## Bridget: Part 1

Thank you to Lynne Almeida for submitting this.

When Mom died, my task was to rehome all seven of her dogs. One by one, the dogs found their new homes and I was left with just one hard-luck case: 9-year-old Bridget.

Of all Mom's dogs, Bridget is the sweetest. Sensitive, gentle, and kind, Bridget was also easily overwhelmed and anxious in new or high-pressure situations, triggering her compulsive pica. In an effort to keep her safe, Mom kept removing items from Bridget's environment until her world consisted of a crate, two rooms, and a small concrete yard with few toys, no training, and little exercise.

More than one trainer advised that Bridget was beyond help. I didn't want her to suffer, so I gave her a month at our house – what

do you know, she improved! She stopped her nervous pacing, learned that dog beds were safe, and began to relax outside her x-pen. The infections on her paws healed, she'd go for short walks on-leash and despite having panic attacks on car rides, she'd still hop in voluntarily. Her sunny Golden temperament became more evident and I started to think that Bridget might actually survive.

One day, I received a call from Karen Swanson of NGRR. The dog rescue grapevine was at work! I wasn't sure that Bridget was adoptable, but with Karen's

help, a profile was created and posted on the website. Although she has so far not met Bridget, Karen has been her staunch advocate and is one of her fairy godmothers. Around the same time, I spoke with a behaviorist friend who recommended a "why fight it" approach. It took some thinking to get my head around this advice, but it allowed us to turn a corner for Bridget. Previously, she'd enter a room and immediately begin scanning everything - we assumed, looking for things to swallow - so we'd call her off and redirect her attention to a toy or safe chew, put her in her x-pen, or put her leash on. Now, she was allowed to investigate and if she did pick something up, she would be told "good girl!" and encouraged to voluntarily retrieve to a person in exchange for a treat. I finally realized that it was compulsive for her to pick something up. Swallowing was anxiety-triggered from being scolded and mentally unstimulated. Despite some close calls, Bridget became more trustworthy. She was able to enjoy longer, off-leash hikes, relaxing enough to wander, sniff, and even try her paw at swimming. She started reciprocating play invitations from our dogs. Bit by bit, Bridget got better.

My almost-year with Bridget pushed the limits of my patience. It forced me to question myself, be more observant, become a better dog trainer, and be willing to constantly rethink what I thought I knew. I'm very glad I made that decision to give a weird, sweet, brave, kind, loving dog a chance – who, at now almost 10 years old – deserved her fairy-tale ending.



## Bridget: Part 2

Thank you to Karen Swanson, Lynne Almeida, and Cristine Moilla for submitting this.

When Anne passed away in February 2016, her daughter Lynne, who loves and trains dogs, had a full house. After successfully placing her mom's six other dogs, "problem child" Bridget was still in need of a home.

Hearing of Bridget's story, Kathy, a volunteer at Rocky Mountain Collie and Sheltie Rescue, sought the advice of Karen Delicate, with whom she worked with at the utility company in Rapid City, South Dakota. Karen D. then wrote to Mary Kenton with Golden Retriever Rescue of the Rockies who then posted Bridget's

need on National Rescue Committee's (NRC) Intake Coordinators' list. Karen Swanson, the closest area coordinator with NorCal Golden Retriever Rescue (NGRR), responded to Lynne and started planning.

She posted Bridget on NGRR's website and had members spread the word. Peg Aten fielded quite a lot of hot line calls for Bridget; she sweetly asked that the website be clearer about Bridget's special needs because the right mix of experience, family, and structured

life is needed to keep Bridget safe. We reposted to the NRC Yahoo group, while Lynne kept on training and teaching Bridget coping skills.

Just when we all thought it might never happen, Cristine Moilla checked into the NGRR website and saw Bridget's profile and video. The Moillas were dealing with the loss of their 14-year-old Golden, Kate, and realized that adopting a Golden who had a rough life and needed a good home would honor Kate's memory. It was an instant match. Cristine had a strong desire to adopt Bridget and had experience caring for a Golden with special needs with Kate. When Karen S. called just before Christmas to tell Lynne that there was a good match for Bridget, Lynne was the one having the panic attacks! But one phone conversation with Cristine convinced her that they were a good match.

Bridget has now been living with Cristine and her family for a few short weeks, but had already bonded with everyone, including fellow pets, Maggie and Kona! She still gets nervous, eats way too fast, tries to take random items in her mouth and hates the car, but they are making a lot of progress reducing her stress and anxiety.

She loves playing with her new family, sleeping in the bedroom, and taking her daily walks. She has even been to Lake Tahoe twice and seems to love snowshoeing in the woods.

## IN TRIBUTE



In honor of Justin Dumas, remembering Stoney, bringing Rino & Dino home.

#### In Honor of "Reggie"

"We love the newsletter! We've had four rescued Goldens and Reggie is now 8 years old. We love every minute with him." Loved by Catherine & Robert Butler

In Honor of Bing Liem Donation by C. Preston & Carolyn Butcher

In Honor and In Celebration of Ken and Keith's 25<sup>th</sup> Anniversary Donation by Phillip Barber & John Alecca, Jr.

In Thanks to Ruth Baily "Lisa and I want to thank you for all you do. We, also, wanted to wish you a belated Happy Birthday!" Donation by Lisa & William Gordon

In Honor of the Wedding of Michelle and Sean Knapp

"Sean and Michelle have rescued and adopted Golden Retrievers. Since they requested no gifts we donated instead." Donation by Daniel Drew

*"Ken & Keith – Congratulations on 25 years, together."* Donation by John & Gail Hedding

In Honor of my beautiful "*Tess Trueheart*" Loved by Pamella Adams

"Please keep up all the good work you do. I was lucky enough to get a Golden from you – 'Brewski' – many years ago. He was so special! He just wanted to be loved as they all do. I'm on my 5th Golden – I call him Mr. Bumbles, 'B' for short. I say he's my Honey B. Goldens are the best dogs on earth. Very special!

Lovingly donated by Shawn White

"Great organization! Thank you for taking care of our Goldens. I have and have had many Goldens, none through NGRRescue, but I appreciate you nonetheless." Donation by Sylvia Chou Congratulations to Ken and Keith who celebrated 25 years together. In honor of this celebration the following people donated to NGRRescue: Michelle Moniz Kathy Pagano-Ekstrum John David White, Jr. Rosanne Shiriwastaw G. Scriven Cristina & Crsanto Enriquez Barbara Ellis Shawn Mooney Trizania & Faustion Cadiz, Jr. Zelda & Robert Calipes Barbara Shuer Ronya Robinson Ama Vil & Domingo Laguitan, Jr. Jen Borgen & Janet Nottley Rosemarie Colorado & Marc Lara Wendy Robinson Gregory Bacca & Patrick Griffin

In Honor of Cynthia Stevenson NGRRescue Area Coordinator Donation by Margaret Mahon, "*Cubby*," and "*Ryder*"

In Honor of Peg Aten "The kindness and support Peg showed 'Gracie' and myself is never forgotten. Gracie now reads to K-1 children throughout WCCUSD. Ex. – The boy goes up! The cat goes up! The girl goes up! The dog goes up! Imagine hearing this 15 times! Ha!" Donation by Mary Pridham & "Gracie"

"Thank you for your continuing support for Golden Retrievers and those of us who love them!!!"

Donation by Joan Kanady

Merry Christmas wishes to Sharon Brechtel and her family Donation by Barbara DiGiorgio

Happy New Year and Merry Christmas to Kim and Bob Young Donation by Barbara DiGiorgio

In Thanks to Janet and Bob Trigg. They have had 12 Goldens and treasures the newsletter articles and pictures.

In Honor of our "Lady" "We've had our girl for over a year and a half and love her to pieces. I want other to receive the same joy I did." Lovingly donation by Marcia Dezwarte

In Honor of *"Shadow"* who was adopted in October 2011 Loved by Rachel & Loren Kertz

In Honor of "Goldie" "Goldie is forever loved by Louise & James Morris."

In Honor of Jim Williams Donation by Casey Williams Merry Christmas wishes to Sharon Brechtel and her family Donation by Barbara DiGiorgio

Happy New Year and Merry Christmas to Kim and Bob Young Donation by Barbara DiGiorgio

In Honor of my sister, Pat Lynch Donation by Constance Koehler

In Honor of *"Duke"* Donation by Vicki Magstadt

In Honor of *"Jasper"* Donation by Cheri Hitchcock

In tribute to "Angel," celebrating her 11<sup>th</sup> birthday in January Donation by Allison Che

In Honor of *"Sammie"* – our current Golden Retriever from NGRR and one of the silliest dogs!

Donation by Austin & Barbara Kilburn

In Gratitude for our beloved *"Francie,"* who will turn 13 on April 23! Donation by Greg and Candace Osborn

In Honor of *"Ginny"* and *"Carly"* Donation by Virginia Mayer

In Honor of *"Murphy"* Donation by Network for Good

In Honor of Henry Patel Donation by Edward Ruggeri

In Honor of Carol Gray Weihman Donation by Elaine Weihman

In Honor of *"Rusty"* Donation by Noelene Byars

In Honor of Carol Mason Donation by Jill Waterman

In Honor of Aunt Pat, the Great Donation by Ann Rosenthal

In Honor of your puppies, "*Rino*" and "*Dino*" Donation by Sara Chamberlin

In Honor of *"Beau"* From Bruce and Joanne Colombo

In Honor of my Aunt Sharon Donation by Kimberly Daly

*"Happy Chanukah to my Favorite Golden Fanatic."* Donation by Elizabeth Silow

NGRR Volunteers – for all the wonderful angels that help the goldens find their forever homes Donation by JoAnn Golden

In Honor of Diane McCallum *"Happy Holidays from Neal Smith."* Donation by Neal Smith In Honor of your love of Goldens Donation by James Keltner

In Honor of Jim Healy Donation by Theodore Healy

In Honor of Jim Williams Donation by Casey Williams

Dog Cali Donation by Lisa Doty

In Honor of "*Addie*" and "*Celi*" Donation by Elaine Hujambojoie

In Honor of/ memory of "*Amber*" and "*Daisy*" Donation by Louise Korn

In Honor of *"Moxie"* and her Papa. Wishing you Happy Holidays and a Wonderful 2017 Donation by Jeannette Connors

In Honor of *"Oliver"* Donation by Valerie Erickson

In Honor of "*Oliver*," Sr Golden Donation by Lydia Delancey Sathy

In Honor of *"Rocky"* Donation by Christine & Thomas Gillett

In Honor of Doug Gee Donation by Cecilia Minarik & AD Thoburn

In Honor of my husband, Don Donation by Donald & Mary Coluzzi

In Honor of *"Sophie"* Donation by Brad Bettencourt

In Honor of *"Sonya," "Maggie," "Zena"* & *"Zoie"* Donation by Sue Cooney

In Honor of *"Cutter"* Donation by Robert and Barbara Richards

In Honor of Jean Connors Donation by Terry Sechrist

In Honor of Dave and Kathleen Donation by Don and Chrstine Carlin

### IN MEMORIAM

In Memory of "April" Causey "April was a sweet, sweet muddy paws Golden!" Loved by Cheryl and Russ Causey Donation by Jan and Ron Looney

In Memory of *"Bear"* Donation by Jan Dailuge

In Memory of Douglas Gee Donation by Renée Loureiri

In Memory of Thomas Hunter "Tom was the proud owner of 5 Goldens from Norcal!" Donation by Carol Wycoff Ryndyk In Memory of "Bartlet"

"My wife and I adopted a 9 month old golden from Norcal GRR in November of 2011, named him Bartlet, and had almost 13 wonderful years with him before we lost him to stomach cancer in May of 2014. My kids were very young at the time, but have fond memories of him, see pictures of him around everywhere, and are now anxious to get another dog. In lieu of that for the time being, we agreed to donate the funds from the kids' cookie sales (we live near the Cal football stadium and sell cookies on gamedays) to Norcal and help to make sure other dogs are taken care of."

In Memory of Lloyd Pringle Donation by Joyce & Robert Prindle

In Memory of Douglass Gee "Douglass really loved his Goldens!" Donation by Deborah Hart

In Memory of our "*Gypsy*" Loved by the Posner Family

In Memory of *"Korky" "A special sweet Golden."* Loved by the Graves' Family Donation by Christine Bailey

In Memory of "Thelma" and "Louise" "My two precious angels that were so much comfort and pleasure to me. They are so dearly missed." Loved by Deloris Osborn

In Memory of "Scusi" "A sweet Golden girl" Loved by Cathy Anderson Donation by Christine Bailey

In Memory of "Buddy" "For Buddy. I know you miss him very much." Loved by Amanda Duckworth Donation by Kathy Coffey

In Memory of "*Brandy*" and "*Ozzie*" Loved by Harper Petersen

In Memory of "*Amber*" "*Amber was our rescue Retriever*." Loved by Linda & Ron Leach

*"In loving memory of our baby boy Sky."* Donation by Richard Duncker & Paula Tokugawa

In Memory of "*Kayla*" "*For a life very well lived & loved – for Kayla 'the bad dog.*" Loved by Charissa & Ray Owen Donation by Rochelle & Larry Stone

"In Memory of 6 of the most beautiful loving Golden Retrievers any family could have experienced. Each one with his/her gentle personality that captured everyone's heart." Thank you, Pat & Dick Garland"

### IN MEMORIAM

In Memory of "Duke"

"We rescued Duke from NGRR about 10 years ago. We had to put down our beloved dogs 'Anika' and 'Duke' in less than a year. It took 6 months of grieving before my wife would let me get a new puppy. Now 'Rusty' is 1 year old. We waited for months to see if NGRR could find a new love at 4 years or younger but it wasn't in the cards. Rusty is our 5th Golden and when I retire maybe we can do volunteer work like fostering. Keep up the good work!"

Donation by Heidi & Steve Jones

In Memory of "Sierra Meadow" "Sierra Meadow was owned by incredible rescue volunteers. Jim and Justine Eller. Sierra Meadow was a beautiful, happy dog who enjoyed her life to the fullest! She loved her long walks, going to work with Justine, and being a patient big sister to Bentley. Thank you to Jim and Justine for all the love you give to your animals and everything you do in the community. It is our honor to have you as lifelong friends because of first meeting you through Norcal Golden Retriever Rescue nearly 20 years ago. Blessings to you for 2017!' Loved by Justine and Jim Eller Donation by Marie and Greg Veatch

In Memory of "Molly"

"Molly came to us on a dark and stormy night in November 2008. She was scared to death and I thought that she did not have a tail it was tucked so far under her body. We thank NGRRescue for the time we had with our beautiful Molly."

Missed and loved by Joani & Garry Deuel

Honoring the Memory of our dear Friends: Martha Hill Don Bergen Jimmy Pat Middleton Don Stebbins Donation by Joani & Garry Deuel

In Memory of "Jackson" "We miss you, Big Buddy, and so does your little sister. Thanks to NGRRescue for all you do. These dogs are wonderful companions and a true part of our family." Lovingly missed by Megan Gowan, Randy Wagner, and little sister, "Kendall"

In Memory of "Dakota" "Dakota was truly loved and is very missed." Cherished by Joan & John Demgen Donation by Tyler, Hayden, Jack, Luke, and Emma

In loving memory of Simon & Hannah and in the joy and blessing of our current golden rescues Kipling & Sadie Donation by Sharyn Sala

### IN MEMORIAM

In Memory of "Buddy" Papa "My contribution is in memory of Buddy Papa. I enjoyed Buddy immensely as his 'grandma.' We went for walks and Buddy ran like the wind at the beach. My son rescued Buddy for a while but he was single and worked all day. Buddy found a perfect home with the Papa's. Thank you for your work." Donation by Elaine Ohre

In Memory of *"Charlie"* the Dog Donation by Lauren Recupero

In Loving Memory of *"Rocco"* Donation by Roger Battaglia

In Memory of "*Duke*," "*Tipper*," and "*Miracle*" Donation by David Roseman

In Memory of Gerri Lonergan Donation by Greg Lindahl

In Memory of *"Maggie"* and *"Riley"* Donation by Judith Zwierzycki

In Loving Memory of *"Sissy"* Donation by Susan Salnick

In Memory of *"Charlie,"* your Beloved Golden. Merry Christmas Donation by Allison Bright

In Memory of our cousin, Ronn Kinkeade Donation by David and Laura Neil

In Memory of my dog *"Maggie"* Donation by Caren Patrick

In Memory of *"Barney,"* my rescue – I miss you big guy! Donation by Christine McInerney

In Memory of *"Daphne"* Donation by Cynthia Hertlein

In Memory of *"Yoshi"* Donation by David Aiken For *"Michi"* Donation by Theresa McTague

Thank you for *"Libby!"* Donation by Dianne Harvey

In Memory of Peaches, "*Peachy Pooh*" Donation by Barbara Goschen

In Memory of *"Bella"* Donation by Irene Babcock Drews

In Memory of my Daughter Jody and her Golden, "*Sunny*" Donation by Bruce Stiely

In Memory of my dog, "Beamer" Donation by Ronald Davidian

In Memory of *"Minnie"* And *"Susie"* Donation by Debra Hitchcock

In Memory of "*Peaches*" In Honor of "*Gracie*" Donations by Scott and Sally Evans

6 wonderful Goldens over the years Donation by Richard & Julie Geist

Cash Donation by J & K Reis Family Fund

In Memory of all our Goldens and those who have loved them

Donation by Pat Macfadyn

In Memoriam of our sweet "*Charlie*" Donation by The Bonomos

In loving memory of "Rascal," "Kimo," "Cody," "Dusty" & "Lulu." "We think of you every single day and keep your memories close to our heart. With Hugs and Kisses, Teresa, Paul & Abbie." Donation by Teresa Chinn & Paul Miyashiro

In Memory of Glen Morris Donation by Rosalind Morris

In Memory of Valerie Higgins Donation by Natalie Steward In Memory of William Bradford Donation by Natalie Steward

In Memory of "Skylar" Donation by Craig and Ann Tighe

In Memory of our 4 Goldens: "*Merlin*," "*Ranger*," "*Kody*" & "*Hercules*" Donation by Wayne & Janelle Monahan

In Thanks to Georgine Nordin and NGRR. We are so grateful Donation by Steve Broccoli & Laura Nakashima

In Memory of "Dixie"

Donation by John & Camille Rutkowski

In Loving Memory of "Charley," "Norah" and "Oscar"

Donation by Cheryl Ramos, DVM

In Memory of Shannon M. & Amica Donation by Harvey Veon

In Loving Memory of Piper Sonoma Donation by Donna Albini and Scott Pommier

### Memorial & Tribute Donations

Donations may be made to memorialize or pay tribute to a special person, Golden, or pet of any kind. Send your donation and information (for whom the donation is being made and their address, your name, address, and phone number, plus words of personalization) to:

#### NGRR

#### 405 El Camino Real, Suite 420 Menlo Park, CA 94025-5240

A handwritten letter will be sent shortly thereafter acknowledging that a donation was made to NGRR. Give us a call if you have any questions.

### Tips for Change at Gianni's Bistro, San Ramon

What do Veal Scaloppini and Golden Retrievers have in common?

Imagine, if you will, the joy of eating for praiseworthy profit. We'd like to welcome you to Tips for Change, a fundraising vehicle that has earned participating nonprofit organizations more than \$5,000 in one evening. We are Gianni's Italian Bistro, a family-owned restaurant with a long track record of giving back to the community.

Combining a fabulous idea – a festive, fundraising dinner where volunteers and staff from your organization are the servers for an evening – with solid, proven financial rewards – all tips plus 10% of the night's sales go directly to your nonprofit. The secret ingredients are simple: good food, good cause, good people.

Join us on Monday, September 11<sup>th</sup> from 5-8 pm for NGRR's special night at Gianni's Bistro in San Ramon!

Do you want to help? We need a minimum of 7 volunteers to wait tables and help out!

Do you want to eat? Call 925-820-6969 to make your reservation now!

For more information, contact Anne Moselle, 925-200-9884

# Lily

### Thank you to Gayle Jackson for submitting this.

I often tease my fosters who end up adopting their charge as "foster failures." It was always funny until Lily. I have fostered a few Goldens during my tenure as an area coordinator and always, with a very happy heart, been able to adopt them to a loving home.

I got this phone call. "Are you looking for another Golden for yourself?" I was not, as I had lost my husband to an accident a few months earlier. Selfishly, I did not want to take care of another being. But dutifully, this girl needed to be fostered,



so I agreed to meet Kris. We each drove 2 hours to make the connection.

Lily was a very subdued, ragged but polite, 95-pound seven-year-old. Her previous home could not tell us what she ate or when she was fed. They only provided a proof of rabies; no food, bowl, no bed, no toys. We are Rescue, this happens. Poor Lily. She has sweet pleading eyes. She was quiet in the car for the next 2 hours.

She had her health check. We found that she has hypothyroidism, which is not uncommon for her age, and her ears had



several foxtails. I updated her vaccinations, put her on the same food that my Sophee Doodle eats and got her a visit from the doggy beautician. After a month, she was back to the vet for another vaccination and blood test to see if her thyroid was



responding to the meds – she had lost 10 pounds! All good except another foxtail had to be removed. This one required a mild sedative since it was so close to her ear drum. We decided to have her x-rayed because she had so much trouble walking and getting up and down, even just small steps from the garage. They found that she has arthritis and hip dysplasia but more stunning, she has a pellet in her hind leg! The next phase of her life may be difficult. At that point, I failed as a foster.

I got her home and she looked at me with those sweet, pleading eyes. She had managed to become part of my little family. She is silly and maybe not real smart but definitely funny and entertaining. After 14 months, she has a silky coat, weighs in at 65 pounds, and runs! And of course, she is so loved by all.

## Maple

Thank you to Joel Dodson for submitting this message from Maple.

Hi, my name is Maple. The boys in my new family said I'm the color of maple syrup, so that's the name they gave me when we got home.

I was only 11 months old when I came to my new family. I don't remember much of my first family other than they had two boys as well. They must have loved me very much because my new family says I'm very sweet and show signs of being well cared for as a puppy. I guess they had to move and couldn't take me along. It's sad, but I have a new family now that loves me very much. I expect to be with them for a very long time.

I'm a big girl now, around 70 pounds, but I'm still a puppy. I like to sit on laps and have my tummy scratched. Wherever my family is, that's where I like to be. They all love me and like to scratch behind my ears. I'm still working on getting them to give me scraps from the table though. As cute as I am, they haven't completely succumbed to my charms. Maybe that's for the best.

I love to go to the park and chase balls. I really love it when other dogs are around. I've never met a dog I don't want to play with. Most of them will play with me, but some get tired quickly. I'm pretty good at getting that message, eventually.



We've been working on my manners, even going to obedience class. With all those other dogs around, I really thought I was there to play. I'm getting a little better at not pulling on the leash. It's hard with so many distractions and smells outside.

Even with all my energy, I'm pretty good at settling down. I get to lie on the couch, so that helps. One of my boys sometimes has a hard time calming himself. It helps him to sit next to me. He pets me and calms down and I lie there and let him pet me. We make a great team.

I'm fully settled in with my new family now and I love it. They love me and treat me very well. We're all very grateful for NGRR and Georgine, Amanda, Gary, and all the other volunteers who make it possible for dogs like me to find loving families.

## Katie Ropar-Artist Extraordinaire

#### by Stephanie Getzler

When one thinks of a Golden, many wonderful, positive traits come to mind... intelligence, playfulness, kindness and friendliness. The same can be said about Katie Ropar, the talented artist who created our logo many years ago.

When NorCal Golden Retriever Rescue was struggling 30 years ago and was in need of volunteers and funds, a small group brainstormed about ways to make the organization more visible to the public. One way was to start a newsletter and create a logo.

Katie was contacted because a member had seen her beautifully detailed artwork portraying Golden Retrievers. Her love of Goldens was evident in her joyous and sweet depiction of the breed. When told

of our plight, she volunteered to create our logo of a Golden Retriever with its paw extended as a gift to NGRR.

Golden Retrievers have always been a part of Katie's life. Her earliest memories are sitting at her grandparent's table with

Ginger at her feet, smuggling her food. Lovingly, Ginger later became her family's dog. When she and Jeff, as newlyweds, decided to get a dog, there was no question that a Golden would join their lives since it



was the only breed Katie had ever known. The Ropars have trained their dogs for obedience, conformation, and field. Hope and Joy currently share in Katie and Jeff's lives, but they have had as many as seven Goldens at one time (and Jeff is allergic). They have also welcomed rescue Goldens, her favorite being Nick, a fragile 12-yearold who lost both owners within a 6-month period. He made it to just shy of 16 and her love for Nick carved and sealed a place in Katie's heart for rescue Goldens.

> Katie has dedicated her professional art career to benefit the health and welfare of animals through various national and local rescue organizations. She helped create the organization, Golden Retriever Foundation, which assists rescues, research, and education. Her artwork ranges from the highly technical and in-depth portraits of top winning competitive dogs to the fun loving and whimsical character of the family pet. Her artwork can be found in collections across the US, Canada, Japan, Australia and in the homes of a few celebrities.

You can see Katie's wonderful art on her website, katieropar.com. Maybe you would want to support her art, as she supported us, and come away with a prized possession.

A flurry of Golden tail wags are sent to Katie in thanks.

## Goliath

#### Thank you to Amanda Schaffner for submitting this message from Goliath.

Hello, my name is Goliath and here is my story. I was picked up by the shelter and kept there for 32 days because I had a microchip in me. They contacted the person listed on the chip

repeatedly with letters and phone calls. We waited day after day for them to claim me. On the 32<sup>nd</sup> day, they finally got a call! The call we had all been so patiently waiting for. They came to me with a very sad voice and told me, "We're sorry Goliath but your family said they had not seen you for two years and did not want to come claim you. Where have you been for two years?"

I wanted to explain to them that I had been on a top secret, undercover mission working for the government for the last two years. It was

very important work and I was bound to secrecy. But I don't think they would have believed me.

So a wonderful family from NGRR picked me up and fostered

me for a month. They cared for me through all of medical treatment to include the extraction of 12 of my teeth and a neuter. Hence, my toothless grin. My new family wanted to keep me but they also had very important jobs so they could not be around for me as much as I needed. I was ready to retire and enjoy the

good life. You know what I mean? So the only way I could communicate that was...well...to relieve myself in the house as soon as they left for work. It took a week or so of doing this before they finally understood what I wanted from them. I wanted a home with 24-hour companionship. I was retiring right?

So off to my new retirement home in the hills with my new dad John. He works from home for the government and I am his new assistant. So I guess semi-retired?

I can't wait for it to warm up so I can jump into that great pool. I'm looking forward to summer as John told me we would spend our lunch breaks swimming together.

Okay, that's my story. Gotta go. Back to work.

## Mister

#### Thank you to Peg Aten for submitting this.

Mister and his sister Skittles came to NGRR in June 2016. Both owner-surrendered, both a little under 9 years old, a couple

months apart, but still together their entire lives. As for all of the surrenders that come to NGRR, they go to the vet for their medical checkup. Mister's hips were bone on bone with no hip sockets left. He was carrying about 90% of his weight up front so his elbows were also in bad shape. But Mister was still one of the happiest, most loving Golden boys ever. He loved everyone and wanted them to love him.

My vet, Dr. Aaron Wentzell, and I requested the NGRR Vet Committee to look at his case to see if he could have one of his hips done to relieve his pain. An ultrasound found that he had a mass on his spleen.

Mister, although very loving and wonderful, was not adoptable due to his

unfortunate medical condition. We gave him the very best care and let him live the remainder of his life. We walked every day, went on car rides, visits with neighbors, and of course, treats.

Just around the time of the horrific Oakland fire, I got an XL dog stroller for him. It was getting harder for him to walk. So we went out every day in the stroller, which he loved. We even went over to the memorials for the Oakland fire and gave Golden love.

Darby

### Thank you to Tom and Savannah Snyde for submitting this.

Over a year ago we lost our beloved Golden, Chloe. Not only were we devastated, but so was our other fur baby, Charlie. We waited for about 6 months



Mister (left) and his sister Skittles (right)

Mister and I also went to the high school twice a week to greet special needs high schoolers. He adored them and they adored him. Mister would've been a fabulous Certified Therapy Dog.

On January 16, Mister had dinner, went out to potty, threw

up, and collapsed. He died early the next morning on January 17, 2017. I was able to be with him all night, giving him love and support.

We love all the dogs that come to NGRR. All the foster dogs that come to me are loved as if they are my own. Of course our goal is to adopt all of the dogs that come to NGRR. Sometimes, though, we do have dogs that come to NGRR that are forever fosters. Loved through the end in very good loving homes, they don't know that they are fosters and believe they are in a safe place where they are loved, protected, and cared for.

I know NGRR has many fabulous foster homes. Some, like myself, like to take the senior dogs. We are so grateful to our

foster homes. THANK YOU foster families. NGRR is also very grateful to so many veterinarians all over Northern California for helping us care for these dogs. THANK YOU to all veterinarians and their team of medical professionals. Lastly, NGRR is grateful to all of you who faithfully donate. With your donations, we can give our dogs the medical care so many of them need. THANK YOU donors.

before we decided we were ready to open our hearts. We knew we wanted another Golden, and found NorCal Golden Retriever Rescue. After we met Beth. we knew we found the right place! After a few things that fell through, we were so heartbroken that we decided to stop looking. Then out of the blue, we got a call that there were two surrenders. We rushed down to meet them as soon as we heard, with our Charlie along for the approval. We met Buddy first and he was a huge, dopey love. We absolutely fell in love with the big boy! Charlie was not impressed at first, but Buddy loved him. Monday, we arrived with a collar, leash, and truck full of toys to take him home. Within two days, Darby (formerly Buddy) and Charlie became best friends, and we are totally in love. We have cried so many tears of joy, and our hearts are so full. Thank you for completing our family, and giving us the chance to be Darby's parents. Thank you ~ fur-ever.



## Max

Thank you to Karen Shore for submitting this.

Max was found running along a freeway in the East Bay and almost put down at the shelter after being deemed

"unadoptable." Having just lost my previous Golden, I was ready for a new little guy. Max, about 1 year old at the time, was very fearful at first – he wanted no touching from the humans, very atypical for a Golden, leading me to conclude he had bad experiences in his first year of life. Over the next several months, Max gradually learned to trust humans. We also adopted a foster dog, a big Golden brother named Romeo. The boys loved hiking, swimming, and being typical Goldens. Life was good!

At about age 6, Max started limping after hikes and on walks. He was diagnosed with elbow dysplasia. We've tried a variety of treatments

over the past three years, including prescription pain killers, glucosamine, fish oil, and Adequan injections. It was heartbreaking to see Max in pain, so I took him to see a vet who does acupuncture. As I was scheduling an appointment for his first session, a staff member asked if she could tell me about a study to help dogs with arthritis by injecting stem cells into painful joints. Being a researcher myself, I was excited to think Max could contribute to science and potentially get some relief. Of course, in a research study



like this one, half the dogs get a placebo, and until the study is over, no one knows which treatment the dog receives. Dogs participating in the study must stay on their current medications throughout and cannot have additional drugs or treatments such as acupuncture until the study is over.

After he was found eligible for the study, Max received his injections at the end of December 2016. The injections must have been painful, since Max was limping a lot the first night and had his tail

between his legs. He was restricted to 5-minute leash walks each day for the first week. After that, he returned to normal activity.

Each dog in the study has three outcome measures that are assessed, and Max's are 1) limping while on leash walks, 2) showing pain after walks, and 3) jumping up on the sofa or bed. After two months, Max didn't seem to be doing any better on these measures, and was also uncomfortable/in pain when the vet manipulated his left elbow and right hip. Maybe Max received the placebo injections, or maybe he just isn't responsive to the stem cells. We have a few more phone check-ins with the vet but no more in-person

visits until June 16, when the final answer will be revealed – stem cells or placebo. If he received the placebo, Max will be eligible to receive the stem cells without charge. Here's hoping donor stem cells are another tool we can use to help our beloved dogs!

## Lemonade for Loki

Thank you to Jeff and Susanne Knapp for submitting this.

Last weekend, our kids RaeAnna and Aidan got together with our neighbor's kids, Nate and Ellie, with a great idea. It was a rare sunny day this winter so they decided to do a lemonade stand. Then after minimal arguing, they got the idea themselves to raise money for Golden Retriever Rescue in memory of our beloved Loki, who recently passed away after battling cancer. We all miss Loki terribly and feel like our 16 months with him were so brief, but we

made a lot of great memories during that short time. The house feels really empty now, so it was good to get our minds onto something else.

The kids picked the lemons right off the tree and made the lemonade themselves. Then they got on their bikes and set

up shop in our neighborhood on a busy intersection in the late afternoon. They also baked brownies and even offered free dog

treats. After all was said and done, they raised \$41 all by themselves.

As a family, we all discussed what our fondest Loki memories were. We talked about how the first week we had Loki, he woke Susanne up in the middle of the night by poking his cold, wet nose in her face as she slept in bed. It turns out that he needed to go outside to relieve himself! Jeff misses his walks with him and how he made so many new acquaintances because he was so approachable.

RaeAnna remembers playing with Loki in the obstacle course she made in the backyard. He could jump really high and even jumped over a big hedge once, surprising us all! As for Aidan, his fondest memory is how he always thought that Loki was a good pillow and loved to lay on him.

## Sammy

### Picking a Responsible Golden Retriever Breeder

#### by Margaret McNamara

It seems like Goldens are becoming a scarce commodity. For many reasons, there just aren't as many Goldens available to rescue or to buy as there once were many years ago. Our numbers are down and so are breeders breeding Goldens. Here are some tips on how to find a good/reputable breeder if you choose to buy a Golden puppy:

- First and foremost, do not buy a puppy off an ad in the paper, on the internet, or from a posting such as Craigslist. You will never really know what you are getting.
- Go to the breeder's home and see for yourself where the puppies have been raised. Ask yourself, are the premises clean, and is this someone I want to do business with? Make sure that at least the female dog is on the premises. It's very common that the male dog is elsewhere. If the female dog is not present, move on. Don't meet someone in a neutral place, ever – huge red flag!
- Make sure both parents have the proper medical clearances, which means that their hearts, eyes, hips, and elbows are healthy for breeding – very important!
- You should expect to sign an adoption contract to agree to spay or neuter your puppy within a particular time frame. Part of the contract should also state, for whatever reason you cannot keep the puppy or dog, it should be returned to the breeder.
- Go to the website of the breed you are interested in such as NorCal Golden Retriever Club, German Shepherd Dog Club of America, and Poodle Club of America, to name a few.
- Just because their litter is registered with the AKC doesn't make them a reputable breeder. Anyone with two registered dogs can get their litter registered.
- Most importantly, do your homework! Picking the right puppy you'll have for years is a huge decision, so act responsibly.

### Thank you to Vivian Mevorah for submitting this.

It has been about 3 years since we brought Sammy home. We had gotten Allie about 8 years ago from NGRR at 1.5 years old, and she was getting fat. She would roam around, but wasn't much on running and playing. She needed a playmate to get her moving.

We called NGRR and learned about Max, a 5.5-year-old who had been living in an abusive situation, but was healthy and good with other dogs. We took Allie to go see him at his foster home and she played with him

and seemed okay with bringing him with us, so we did. He seemed more like a Sammy to us, so we changed his name. He was extremely lean and shut down, but friendly and good with Allie. It wasn't long before they were buddies.

Then, Sammy regressed. He wouldn't go through the doggie door and would cry at the bottom of the stairs. I decided to have an animal



chiropractor work on him, who said that he was badly out of alignment. About a week after his second treatment, Sammy seemed more himself and was back to normal. He had been steadily becoming more communicative and turned out to be a real cuddler.

About a year later, he again started having problems, and regressed quickly to the point of not wanting to get up. I took him to the vet, where they gave him antibiotics. They helped a little, but he was still having problems. I took him to a vet that did eastern/western medicine and she put him back on antibiotics, an adrenal gland support pill, and some Chinese herbs that would balance his chi called Hindquarter Weakness.



After a couple of weeks, he started running and playing again! I weaned him slowly off the adrenal gland support pills, and he continued to do well. But when I tried to wean him off the herbs, he tried to nip at his hindquarters again. I put him back on the herbs and decided to keep him

on them. It has been nearly two years since we thought we were going to lose Sammy, but he has been free of physical ailments and hardly needs any chiropractic work anymore. He has been communicating with me, can look me straight in the eye, and wags his tail all the time.

I'm very thankful that Sammy pushed through. He is a wonderful addition to our family, especially for Allie, who has been able to keep her weight down with the exercise that Sammy gives her.

### Donating to NGRR

Since our organization is staffed entirely by volunteers, every penny of your contribution will help pay for veterinary care, food, and other direct expenses required in our work to rescue and find loving homes for hundreds of Golden Retrievers each year.

### Gifts by Check or Credit Card

A gift by check or credit card may be made outright or as a pledge to be fulfilled over a period of up to five years. If you itemize tax deductions, your contribution is fully deductible up to 50% of your adjusted gross income; any excess can be carried forward for up to five additional years. To make a gift by check, simply fill out the donation slip, write your check, and mail to NGRR. To make a gift by credit card, please also tell us the type of credit card, card number, expiration date, and name as it appears on the card.

### Payroll Deduction

The simplest (and most painless) way for many of us to manage our gift giving is with an easy payroll deduction. Each year United Way, the Combined Federal Campaign (CFC), and other charitable campaigns give working people the opportunity to allocate payroll deductions or make a one-time contribution at work. Ask your employer for a Donor Option Card to direct your United Way contribution to NGRR.

### Matching Gift

Over 6,000 companies encourage their employees' philanthropy through a matching gift program whereby your employer will match your individual donations. This generous program doubles – and sometimes triples – your donation. Ask your human

resources department if your employer has such a program. If so, you will be given a matching gift form to send to NGRR with your donation, and we'll do the rest!

### Appreciated Securities

Your outright gift of long-term, appreciated securities (stocks, mutual funds and bonds) is exempt from capital gains taxes and, in most cases, enables you to obtain a charitable income tax deduction equal to the market value of the securities at the time of transfer, for up to 30% of your adjusted gross income.

### Gifts Through Your Estate

For many of us, making a gift through our estate is the most realistic way to make a substantial contribution to NGRR. At the same time, a carefully planned estate gift can reduce or eliminate federal estate taxes, depending upon the size of your estate.

### Life Income Gifts

You may be able to make a gift and receive direct financial benefits. Some financial vehicles, such as charitable trusts, can provide you and/or your spouse with an income for life and a charitable income tax deduction as well. These vehicles often pay a rate of return that exceeds money market and CD rates. In addition, they typically help avoid capital gains taxes and reduce estate taxes. Gifts can also be made through your estate while preserving assets for your current needs.

### Gifts of Real Estate

You can make a gift of commercial or residential real estate and receive substantial financial benefits. If you give the property outright, you can qualify for a charitable income tax deduction based on the appraised value of the property.

### Tell NGRR How to Use Your Donation

There are several ways you can direct NGRR to allocate your contribution. You may choose to spread your donation across all funds, or you may tell us to apply all of it to a specific cause.

### General Fund

Contributions to this fund will pay for ordinary veterinary care, food, and other expenses directly related to our Goldens in foster care. Any excess monies in this fund are allocated to NGRR's emergency reserve to help cover catastrophic events, such as earthquakes and puppy mill raids, in communities throughout Northern California.

### Senior Goldens

Contributions to this fund will be used exclusively to support the extra veterinary and foster care usually required for dogs eight years and older – our well-deserving Golden Oldies.

### Special Needs Fund

Inspired by "Zack," a severely dysplastic Golden taken in and treated by NGRR, this fund was established to provide extensive veterinary care, surgery, and rehabilitation to young and deserving Goldens who are critically ill, deformed, and/or injured. These dogs need immediate access to funds to restore their quality of life – and, in extreme cases, to save their lives – without financially burdening their adoptive families.

### For More Information

For further information, please consult with your financial planner or tax advisor. More information about donating to NGRR can be found on our Web site at *www.ngrr.org*.

## Web Site Update

#### Submitted by Gayle Jackson

In June 2016, the Board decided to scrap (what is now known as Dev 2.0) the developing website after nearly 3 years of little progress. In October 2016, E-Lab out of Monterey, CA was selected to complete the updated website, now known as Dev 3.0. After over-coming many hurdles, E-Lab under the stewardship of the Board-selected website committee led by Georgine Nordin, was finally able to not only move the current site to E-lab to host, but ready Dev. 3.0 for testing.

We all are aware that technology is constantly moving forward. The new site takes advantage of this and will provide better access to data and update documentation for volunteers and the public, as well as present a fresh look to our site! What remains to be done is the final testing of Dev 3.0, the final selection of an updated logo, and volunteer training on the new website. We anticipate the new site will be live this summer. We are anxious to see this completed!



## Sarah

### Thank you to Larry and Tricia Smith for submitting this.

After our yellow Lab, Kelli, died at the age of 14, we decided not to get another dog. Fat chance – once a dog family, always a dog family. After about a month, Tricia and I jumped on the NGRR website and completed an application. We talked to Audrey Hallochak and Amanda Schaffner who determined that a home visit was not necessary, since we had adopted from NGGR in the past.

After about a month, we received calls from Audrey and Amanda telling us about Ruby. She was a small girl less than 50 pounds, about 3 or 4 years old. She had been living in a cage and was being used for breeding. Amanda said that she was the saddest, shyest Golden she had ever seen. Her teeth were worn down to the gums from gnawing on her cage and needed to have 12 of them extracted. We live in Auburn and Ruby was with a foster dad, Gary Hill, in Sacramento. We drove to Gary's house to visit her. He was taking care of her along with a couple of other Goldens. She was very shy and quiet, but greeted us nicely. We decided to adopt her, and renamed her Sarah.

Here is the interesting thing! I used to take Kelli with me in the car while running errands. When I returned to the car after the errand, Kelli would climb onto the center console and lay her head on my shoulder up against my face, hugging me. Guess what Sarah did when she got into the car to go home with us? She climbed onto the console from the back seat and gave me a hug, just like Kelli! We were sold on our new girl.

Sarah has been with us for about two months, and Amanda stopped by for a short visit to see how she was doing. Amanda was delighted with her transformation. Sarah loves to go on walks, is well behaved, and loves to nap on the couch with her new family. We



said no dogs on the couch. That lasted less than a couple hours. Sarah is so happy that she doesn't just wag her tail – she wags her whole body!

We are grateful to NGRR, Amanda, Audrey, and Gary for rescuing Sarah, taking care of her, and allowing us to become her forever family.

## NGRR Hot Line/ Cell Calls for Help!

#### by Peg Aten

As many of you experienced this season, the weather wasn't kind. It is always a very good idea to periodically check your fencing and gates to make sure they are still secure. Weather has a way of playing tricks on us. Our dogs are curious.

"Hey the gate is open, the fence is down, I guess I must go through it and explore," or "I am going to take myself on my own walk today without my human or leash," or "I am terrified of the storm raging and I need to run from the scary storm."

When dogs get out, they are on their own.

Please secure your dog with dog tags with your current info, dog license, own dog collar, and of course, an updated microchip!

This season, I got 4 calls from wonderful Good Samaritans who found a lost Golden and wanted to help them. Three were reunited the same day with their people and kept by the Good Samaritans while waiting. The fourth was with NGRR for a few days until the owner was finally found. Many hours were put into calling the area coordinator for that county, shelter, and vet offices to check on the microchip, plus posting on Next Door, Facebook, Craigslist, and our group posts. There are many ways to try to find a lost/found dog. None of these dogs ended up being NGRR dogs, but we were there to help and give our time and support.

Please tag, chip, and collar your pets! Check your fences and gates, especially after storms. Thank you very much.

## Sadie Rose

Thank you to Myke Judd for submitting this message from Sadie Rose.

I was 4 months old when I became my new mom's best friend. I had spent the first months of my life with a family that could not control my puppy energy, so I spent much of my time in a crate. Indeed, I was a fireball but I was also loving and sweet and I fell in love with my mom immediately. I now live on a ranch in Sonoma County and I help my mom do her chores when taking care of the horses and the other animals. Mom takes me with her to do "errands" which I love. Actually, I just love being with my mom. I've been told that I am a "Momma's

Girl " and I guess I am. My mom takes me to the beach and up to our cabin outside of Tahoe-Donner, where I love to swim in the lake! We also started doing agility about 4 months ago and I love it. I get lots of praise from my mom when doing the obstacles and yummy



liver treats. All in all, my life is great. I take walks with my other Golden sisters. I have a 10 year old Golden sister named Lacey, who next to Mom is my best friend. My other sister tolerates me. Her name is Georgia and she's 8 years old. The world is a great place especially when you don't have to stay cooped up in a crate!

NORCAL Golden Retriever Rescue, Inc. 405 El Camino Real, Suite 420 Menlo Park, CA 94025-5240



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### How to Contact NORCAL Golden Retriever Rescue

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New Adoption Packages	Sharon Brectal

NGRR Cell #: (650) 665-0964 Website: www.ngrr.org



### Is Your Golden a Calendar Girl or Boy?

It's time to start thinking about the 2018 NGRR calendar and we would love to see your photos. Please follow the instructions below:

- 1. Photos need to be hi-res.
- 2. No iPhone or iPad photos because the photos do not enlarge well. If you were to use the iPhone or iPad, the photos would need to be in the small picture areas of the calendar.
- 3. When you send us an email, please make sure the attached story and photos are labeled with your dog's name. (So, instead of attaching a photo where your camera named the file IMGOOO76.jpg, please rename each photo with your dog's name, for example: JackandSuzy.jpg.) When files aren't named, it is very difficult to identify them and organize the calendar.
- Each story should tell what your dog's life was like prior to rescue and what your dog's life is like after adoption – just a short story of 3 or 4 sentences.
- 5. Please include your dog's approximate age.

6. Action photos are best. Please no humans in the photos though we love photos with your cat or other dog breeds.
Thank you in advance for 2018 calendar submissions The deadline is June 15, 2017. Please send to: patswally@comcast.net and cathy@etypeworks.com.